

From: [AgingCare Newsletter <newsletter@agingcare.com>](#)

To: [Kester, Tonykester@aging.sc.gov](#)

Date: 11/26/2016 6:02:28 AM

Subject: Top tips for senior driving and transportation; Did your mother really know best

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### [With a Little Help from My Friends](#)

I've never liked asking for favors, but when my father got sick, suddenly I was asking for help all the time. This is how I learned to stop apologizing and allow my friends and family to truly support me on my journey. [Read More »](#)

#### [Protecting Senior Skin from Winter Weather Damage](#)

The bitter cold and blistering winds of winter can wreak havoc on your skin. Use these six tips to enhance your skin care regimen and prevent dryness, cracking and eczema. [Read More »](#)

#### [Did Your Mother Really Know Best?](#)

Whether you believe mom was right or wrong as you were growing up, reflecting on childhood memories can be therapeutic as you face the fact that she is getting older. [Read More »](#)

#### [Senior Driving and Transportation: Top Tips from Family Caregivers](#)

Our job is to balance our loved one's independence and happiness with their safety, but this is no simple feat. See how other families have handled unsafe driving, taking away the keys and finding alternative modes of transportation. [Read More »](#)

## You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[See all products →](#)

### Questions and Discussions From Caregivers

#### [Q: Is it legal and ethical to dip into Mom's savings before she's deceased?](#)

Mom is living in assisted care due to dementia. I have siblings who could use the money and are requesting distributions from her trust. .

#### [Q: How do I fix next of kin records if my stepfather has removed me from Mom's HIPAA/hospital forms?](#)

I am terrified something will happen to him and my mother will be lost to the system.

### Q: Is there now a look back period for applying for VA benefits?

The VA representative I am working with says it was implemented 6-18 months ago, but I can't find anything that says it was officially adopted.

### Q: I am caring for my grandma and I feel resentful and guilty. What are my options?

I'm working two jobs and seeking my Master's degree. I feel selfish wanting to keep my time off as time off.

## Considering Hospice Care?

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

[Get your Guide →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### Get a Medical Alert System

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

### Get your FREE Funeral Planning Guide

A final tribute should be as unique as the individual. Make your service one to remember.

### Get Pricing on Senior Housing Options

Learn about the different types of senior housing with current market information on services and costs.

### Find Out if You Qualify for Help Paying for Care

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

### What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

### Get Your FREE Veterans Benefits Guide

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

### Get Your Free Home Care Guide Now

This resource will guide you through creating the ideal in-home care arrangement for your loved one.

### Get Your Complimentary Caregiving Guides Now

Become an empowered and educated caregiver.

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AgingCare.com | 9015 Strada Stell Court, Suite 203 | Naples, FL 34109

