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**Date:** 11/20/2014 3:47:20 PM  
**Subject:** WHCoA [BLOG]: A Time for Family

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November 11, 2014

## **A Time for Family**

**by Nora Super, Executive Director**

Many of us are already preparing for Thanksgiving celebrations. Turkey and football, and perhaps travelling to wherever we call home, will be on many of our menus for the day. But whatever your plans, Thanksgiving is, above all, a time for family—however you define it.

That's why it's fitting that President Obama proclaimed November as [National Family Caregivers Month](#). In honoring those who give of themselves to support those affected by illness, injury, or disability, the President committed to "lifting up these Americans as they care for their loved ones while protecting their dignity and individuality."

We know that the vast majority of older adults with [Read More](#)

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