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Subject: SScale Down Update- December 2018

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South Carolina Public Health Association (SCPHA) Call for Abstracts for 2019 Annual Conference

SCPHA's Annual Conference is an important opportunity for current, future, and retired public health professionals to share resources and information, as well as ideas and experiences from the field of public health. This year's theme is "Advocacy: The Voice of Public Health for Today and the Future," focusing on education and advocacy surrounding a cross section of issues. The conference dates are April 24-26, 2019 in Myrtle Beach, SC. The call for abstracts will close on December 18th. The link to the abstract submission form is here: <https://form.jotform.com/72818068677168>

Updated Physical Activity Guidelines for Americans

The second edition of the *Physical Activity Guidelines for Americans* provides science-based guidance to help people ages three years and older improve their health through participation in regular physical activity. This specific edition reflects the extensive amount of new knowledge gained since the publication of the first *Physical Activity Guidelines for Americans*, released 2008. [To learn more click here](#)

The State of Obesity: Study of Children Ages 10 to 17 (2016-2017)

The obesity rate for youth ages 10 to 17 ranged from 8.7% in Utah to 26.1% in Mississippi, according to the most recent state-by-state data from the [2016-17 National Survey of Children's Health](#) (NSCH). Nine of the 10 states with the highest rates are in the South. Nine of the 10 states with the lowest rates are either in the West or Northeast. [Learn more here!](#)

USC/DHEC Health Data Symposium

Registration is open for the 2019 USC/DHEC Health Data Symposium. This event

will take place on February 1, 2019 at the University of South Carolina Alumni Center. Registration will close on January 25, 2019. More information can be found here: <https://www.scdhec.gov/health/health-data-symposium-2019>

Art & Science of Health Promotion Conference

The 29th Annual Art & Science of Health Promotion Conference will be held April 1-5, 2019 at the Hilton Head Marriott Resort and Spa. The theme is "*Adapting to the Emerging Growth and Evolution of Health Promotion*." [Learn more!](#)

Healthy People 2030 Proposed Objective Public Comment

The U.S. Department of Health and Human Services (HHS) is soliciting written comments on the proposed objectives for Healthy People 2030. The public comment period will allow comments on the proposed HP2030 objectives and members of the public can also propose their own objectives. Previous public comments on the proposed Healthy People 2030 framework helped shape the vision, mission, foundation principles, plan of action, and overarching goals for Healthy People 2030. Members of the public are invited to submit comments on the proposed objectives from December 3, 2018 to January 17, 2019. Learn more and submit your comments here: <https://www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Public-Comment>

2019 Active Living Conference

The 2019 Active Living Conference will bring together active living researchers and champions from around the world to advance knowledge and action around active communities. The conference will be held in Charleston, SC from February 17-20, 2019. The 2019 conference theme will address the 'Intended and Unintended Outcomes of Building Active and Healthy Communities'. Examples of such outcomes include challenges, solutions, and lessons learned related to gentrification, pollution mitigation, shifting rural landscapes, economic development, sun exposure, injury prevention, health equity, social inclusion, and community engagement and empowerment.

To find out how you can become involved with SScale Down, please contact info@scaledown.org. To learn more about the initiative, visit SCaledown.org.

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