

State of South Carolina

Governor's Proclamation

- WHEREAS, with their numbers increasing at an unprecedented rate, the many thousands of South Carolina citizens 65 years of age and older have invested their wisdom and experience to benefit communities and help enrich the lives of people across the Palmetto State; and
- WHEREAS, while maintaining the health of older adults is important, many struggle each day with chronic diseases and other health challenges that limit their activities and impact their quality of life; and
- WHEREAS, falls are the leading cause of injuries, injury deaths, and hospital admissions for trauma among older South Carolinians; and
- WHEREAS, as a means to increase healthy behaviors, improve self-reported health, reduce pain and mental distress, and improve functional ability, community evidence-based prevention programs for chronic disease self-management, physical activity, and falls prevention help prevent disability and keep older adults engaged in their communities; and
- WHEREAS, during the 2011 observance of Healthy Aging Month, the Lieutenant Governor's Office on Aging and the South Carolina Department of Health and Environmental Control will collaborate with partners throughout the state to raise awareness of national evidence-based prevention programs that are readily available low cost to disperse, and affordable for older adults who participate.

NOW, THEREFORE, I, Nikki R. Haley, Governor of the Great State of South Carolina, do hereby proclaim September 2011 as

HEALTHY AGING MONTH

throughout the state and encourage all South Carolinians to honor our older adults, recognize the important role they play, and learn more about the benefits of evidence-based prevention programs to increase the quality and years of life for South Carolinians.



NIKKI R. HALEY
GOVERNOR
STATE OF SOUTH CAROLINA