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Older drivers—Get tips for safety on the road

Are you worried about your driving skills? Are you uncomfortable when a friend or family member gets behind the wheel to drive?

NIA's [Older Drivers AgePage](#) describes common concerns and offers safety tips and resources:

- Read about the effect of stiff joints and muscles, vision and hearing changes, and slower reaction times on driving safety.
- Find out about dementia and driving ability.
- Learn what to do if you have concerns about an older driver, and get tips for “the talk” about giving up driving.

Read online or order free copies of [Older Drivers](#).

[Get more info](#) from [NIHSeniorHealth.gov](#)

Share information on social media about older driver safety using this message:

- Worried about an #olderdriver? Get tips for safety & learn when to have “the talk.” <http://go.usa.gov/3h8PY>
- #Olderdrivers. Get info & tips to keep you safe behind the wheel. <http://go.usa.gov/3h8PY>

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