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The Sandwich Generation - Don't Get Chewed Up • June 23, 2015 • Issue #823

EDITOR'S PEN

Gary Barg, Editor-in-Chief

An Interview with Patricia Richardson

Patricia Richardson, star of stage, screen and television, is best known for co-starring with Tim Allen for eight seasons on the ABC TV show Home Improvement as Jill Taylor. Patricia was nominated for a Viewers for Quality Television Award, two Golden Globe Awards for Best Actress in a Comedy, and four Emmy Awards.

Gary Barg: I appreciate you talking about your dad. I think when we talk about our families, and especially people in the public eye like yourself, it really makes a difference and brings people out who may be going through this. It is really a great service that you do. Could you tell us what PSP is? [...more](#)

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FEATURED ARTICLE

Summer Travel Plans for Caregivers

By Sheryl Leary

Taking a successful vacation when you are a caregiver requires planning and coordination. Here is some information and questions to consider when planning your time away from home. [...more](#)

GUEST ARTICLE

The Sandwich Generation

By Kathleen Bogolea, MS

Since the adoption of the National Family Caregiver Support Program in late 2000, there have been numerous news articles and points of interests written about the family caregiver and their many different roles within the family and the community. Roughly, it is estimated that American families provide 80 to 90 percent of all in-home long term care services for their aging family members, disabled adult children and other loved ones. [...more](#)

CARETIPS

Activities For People With Dementia

By Jennifer Buckley

It is universally recognized that elderly people with dementia lose their short term memory first and their long term memory last. For example, they often remember people and events from their earlier years, but have difficulty remembering what they ate for breakfast the day before. [...more](#)

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CARENOTES

From Elizabeth:

My worry is that I don't always hear my mother when she calls out for help in the night. She can't get up or anything by herself anymore. I need some ideas on how I can wake up when she's calling me. [...more](#)

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