

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
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**Subject:** Signs it's time for assisted living; The secret to confident caregiving

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### Senior Travel: Should You Get a Medigap Policy?

Preparations for summer travel plans include more than just packing, buying tickets and booking accommodations. Make sure your health insurance is able to make the journey with you before you take off or set sail. [Read More »](#)

#### Signs That Tell You It's Time for Assisted Living

You know your loved one best, but sometimes those closest to us tend to overlook or dismiss red flags. See if you are failing to notice any of these indicators that your loved one needs more help. [Read More »](#)

#### Personal Care Plans: The Secret to Confident Caregiving

Caregivers require structure and support in order to meet all of their loved ones' needs and make time for their own self-care. Find out how to create and use the same tool professionals utilize to succeed at caregiving. [Read More »](#)

#### The Hard Truth: You Can't Fix Dementia

A blogger with early-onset Alzheimer's bravely faces the reality of his condition and urges dementia caregivers to live in the moment. [Read More »](#)

#### Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. No fees or obligations to apply. [Click here to see if you qualify.](#)

### Questions and Discussions From Caregivers

#### Q: Coping with an aging spouse. Any advice?

My husband's health this past year it has become progressively worse. I have to juggle my full time and stressful job with moving him

#### Q: Mom is taking more than what will fit in her new place. What do I do?

She won't budge on reducing her needed items. For example, she wants all 12 wine glasses and more furniture than her 1/1 apartment can accommodate.

#### Q: The hospital won't release my mom's health information. What are my rights?

She just got admitted to the hospital and I'm trying to find out how she is. I keep getting road blocks.

#### Q: How do I stop my sister from coercing my mom to change her will and POA?

She is trying to bully our impaired mother into leaving everything to her. She's even gone so far as to...

**Don't wait to consider Hospice Care!**

This free Hospice Discussion Guide can help you get the conversation started about your loved one's wishes.

[Get your free guide now!](#)

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### [Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

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A final tribute should be as unique as the Individual. Make your service one to remember. [Get your FREE Personal Planning Guide >](#)

### [Need Help Paying for Care?](#)

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

### [The "Get Help if you Fall" Medical Alert System](#)

Don't wait until an emergency happens to think about protecting your loved one. Make the decision that provides confidence, security and safety. [Request a free brochure >](#)

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Learn how to find, use and manage veteran benefits for a veterans, their family caregivers, dependents and their survivors. [Get Your FREE Veterans Guide >](#)

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Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

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