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Subject: Get ready for Senior Center Month 2016!

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## Get ready for Senior Center Month 2016!

Every September, our National Institute of Senior Centers (NISC) sponsors Senior Center Month. This year's theme is *Find Balance at Your Center*. Download our free Program Guide for ideas to celebrate! NISC members also receive a poster and Publicity Guide.

[Go](#)

*June 28, 2016*

### By July 6: Tell us if you plan to apply for a SNAP award

We've released our Request for Proposals for the third phase of our initiative to help eligible seniors enroll in the Supplemental Nutrition Assistance Program (SNAP). If your organization is considering applying for an award, your Letter of Intent is due July 6.

[Get details](#)

### Congress is on recess: Tell your lawmakers to protect SHIP and SCSEP

Your members of Congress are back in their home districts for Independence Day. This is the perfect time to urge them not to cut two important programs for seniors—the State Health Insurance Assistance Program (SHIP) and the Senior Community Service Employment Program

(SCSEP).

[Use our tips and talking points](#)

## Social Security and Medicare Trustees Report released

Last week, the trustees projected that Social Security will be able to pay full benefits until 2034 (same as projected last year) and 79% of benefits thereafter. In addition, the Medicare Part A Hospital Insurance Trust Fund (about one-third of Medicare's budget) will be able to pay full benefits until 2028 (2 years earlier than last year) and 87% of benefits thereafter.

Medicare per person spending growth remains low—averaging only 1.4% over the past 5 years. The trustees noted that the upcoming Social Security cost of living adjustment (COLA)—which will be announced in October—is projected to be small and may again trigger a “hold harmless” provision protecting about 70% of beneficiaries from Part B premium increases, shifting a larger burden to the remaining 30%. When this occurred last year, Congress passed legislation to soften the impact.

[Read a summary of the report](#)

## What are you doing for Grandparents Day?

We're less than three months away from Sept. 11, this year's Grandparents Day. Generations United has a website full of activity ideas to help you mark the occasion.

[Find ideas](#)

### *Did you miss this?*

- **An End to Stigma:** Read our new report on how to overcome stigma when helping eligible older adults apply for benefits programs.
- **Falls Free® Photo Contest:** By Aug. 19, submit your positive images of older adults engaged in falls prevention activities.

### *Coming up...*

- **Using NCOA's Visualization Tools:** Learn how to use visualization/mapping tools created by NCOA's Center for Benefits Access to target benefits outreach efforts. *June 29 @ 2 p.m. ET*
- **Engaging HIV+ Older Adults in CDSME:** Explore demographic information on the prevalence of HIV in older adults and the Positive Self-Management Program. *July 19 @ 3 p.m. ET*

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