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To: Kester, Tonykester@aging.sc.gov
Date: 10/13/2016 9:08:33 AM
Subject: Keeping the Bathroom Safe

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Keeping the Bathroom Safe • October 13, 2016 • Issue #958

EDITOR'S PEN

Gary Barg, Editor-in-Chief

Lessons From The Storm

Donna, Isabel, Betsy, Inez, David, Andrew, Frances, Jeanne, Katrina, Wilma and Matthew. This is not an invitation list for a family reunion, just a list of the hurricanes that I have been lucky(?) enough to live through. Since I was born, I have never missed being there when a hurricane hit my neck of the woods in Southeast Florida. When I graduated from college upstate, I drove back home through the onset of Hurricane David. Years later, when Hurricane Andrew hit, I was home visiting my mother, even though I had lived away from Florida for the previous eight years. (The Chamber of Commerce finally asked if I wouldn't mind never coming back!) And after I came back to South Florida to start Today's Caregiver magazine, I actually moved into my new home in Fort Lauderdale in the eye of a hurricane (don't ask). ...[more](#)

IN THIS ISSUE

Lessons From The Storm

**The Dangers of Ignoring
Cataract Symptoms**

**Keeping the Bathroom Safe
for Elderly Seniors**

**Breast Cancer Awareness
Month**

CareVerses

FEATURED ARTICLE

The Dangers of Ignoring Cataract Symptoms

Delaying Treatment of Advanced Forms of the Common Eye Disease Can Increase Risk of Permanent Blindness and Injury.

The American Academy of Ophthalmology urges seniors and their caregivers to be aware of the dangers of ignoring the symptoms of cataracts, a leading cause of visual impairment that will affect more than half of all Americans by the time they are 80 years old. Delaying diagnosis and treatment of age-related cataracts can increase seniors' risk of permanent blindness and can lead to both physical and psychological damage. [...more](#)

GUEST ARTICLE

Keeping the Bathroom Safe for Elderly Seniors

By Bryan Stapp

The bathroom is routinely cited as the most dangerous room in the house for seniors. Countless slips and falls occur in the bathroom, causing a difficult (and sometimes embarrassing) situation for families.

Because so many falls occur in the bathroom, we highly encourage our clients and their caregivers to take a close look at the bathroom for safety issues. A fresh set of eyes, and a few simple changes, can make the bathroom a safe and comfortable place for everyone. [...more](#)

CARETIPS

Breast Cancer Awareness Month

In honor of October being Breast Cancer Awareness Month, we offer these helpful Cancer links to you:

American Cancer Society - Widely recognized for its information services and research programs, this society is a nationwide, community-based voluntary health organization. www.cancer.org

[...more](#)

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CAREVERSES

50 Disorderly Years

By Diane Guthrie

One doesn't know it's an "I"

Two says "No"

Three erupts teeth

Four begins to remember

Five gets socialized

Six learns ABC's

Seven reads and writes

Eight likes to cooperate

Nine has pneumonia

Ten learns to keep secrets

Eleven moves to Australia

Twelve begins to bloom

Thirteen knows all

Fourteen feeds a hollow leg

Fifteen learns to drive

Sixteen isn't sweet
Seventeen gets a job
Eighteen focuses on hair
Nineteen begins career one
Twenty leaves home
[...more](#)

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