

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: When seniors don't accept outside help; How winter weather affects your heart

Answers And Emotional Support While Caring For An Elder

News And Articles »

There Are No Excuses for Avoiding Nursing Home Visits

Why go visit when they won't remember? Many family members have said or thought these words, but is this truly a valid excuse? Take the time to examine another perspective on this common issue. [More](#) ☐

When Elders Don't Accept Outside Caregivers in the Home

So you've recognized that your loved one needs assistance, but they refuse to accept any help. Now what? Use these techniques to help assuage their fears. [More](#) ☐

How Winter Woes Can Wreak Havoc on Your Heart

Whatever their cause, heart symptoms should never be taken lightly-especially during the winter months. Find out what strategies you can use to prevent lasting damage. [More](#) ☐

Can You Bring a Person with Alzheimer's to Holiday Gatherings?

Holiday get-togethers can become more of a chore when caring for a loved one who has Alzheimer's. See how to determine the right comfort level for both of you and learn how to plan accordingly. [More](#) ☐

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Community Questions And Answers »

Q: Is it fair I have to miss Christmas with my grandchildren because my sisters won't take care of Mum for the day?

I cared for my dad up until he died this year and now I'm caring for mum which my two sisters don't help.

Q: Has anyone taken their parent to a psychiatrist?

There's a lot of issues at play, including mental health and possibly drug reactions, so it seems like a psychiatrist might be the go-to person for this.

Q: Unsafe home. Any advice?

She can't bathe anymore and needs a walk in tub/shower also but has no money to have these things done.

Q: Can my siblings send my Mom to nursing home when she says no?

Some of my siblings want to send my mom to nursing home or hospice home against her will.

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AgingCare.com | 9015 Strada Stell Court, Suite 203 | Naples, FL 34109