

From: [AgingCare Newsletter <newsletter@agingcare.com>](#)
To: [Kester, Tonykester@aging.sc.gov](#)
Date: 1/3/2015 9:04:32 AM
Subject: 13 new year's resolutions to keep; Getting back control of your life

Answers And Emotional Support While Caring For An Elder

NEWS AND ARTICLES »

[5 Leadership Qualities to Look for in a Home Health Aide](#)

[[from Home Care](#) »]

[New Caregivers in Crisis: Getting Back Control of Your Life](#)

[[from New to Caregiving](#) »]

[The Costly Difference Between Male and Female Family Caregivers](#)

[[from Financial Matters](#) »]

[13 New Year's Resolutions You Can Actually Keep](#)

[[from Emotional Wellbeing](#) »]

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High quality in-home eldercare personalized to your loved one's needs. Request more information or call **(855) 989-2375** for a free care consultation. [Visit SeniorBridge](#)

COMMUNITY QUESTIONS AND DISCUSSIONS »

D: [A single female is always the one who moves in to care for Mom, they all say "You live there for free".](#)

[[Join in caregiver discussion](#) »]

Q: [Typically, what is the cost for a home companion?](#)

[[Read caregiver answers](#) »]

Q: [Dad in rehab may have given up. What to do?](#)

[[Read caregiver answers](#) »]

Q: [Any thoughts on why so many of our parents have the 'sense of entitlement' when it comes to us doing the caregiving?](#)

[[Read caregiver answers](#) »]

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[Home Care: Addus Healthcare](#)

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[Speak with us about your care needs](#)

[Funeral Homes: Howell, Edwards, Doerksen with Rigdon-Ransom Funeral Directors](#)

At Howell, Edwards, Doerksen with Rigdon-Ransom Funeral Directors, our experienced staff of caring professionals has been serving Salem and the ...

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