

**From:** White House Conference on Aging <[info@subscriptions.whaging.gov](mailto:info@subscriptions.whaging.gov)>  
**To:** [Kester, Tonykester@aging.sc.gov](mailto:Kester, Tonykester@aging.sc.gov)  
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Nov. 5, 2015

## **Taking Care of Family Caregivers**

Each November, we take time to honor our veterans and reflect on what we are most thankful for. During this time of year, we can't help but recognize the important role our families and loved ones play in our lives, and the especially important role family caregivers play in the lives of those who need a little extra love and care. It's only apropos that President Obama [proclaimed](#) November as National Family Caregiver Month.

This proclamation builds on [President Obama's remarks](#) at the White House Conference on Aging in July. "One of the best measures of a country is how it treats its older citizens and people living with disabilities, and my Administration is dedicated to lifting up their lives and ensuring those who care for them get the support and recognition they deserve," the President proclaims. "During National Family Caregivers Month, let us honor their contributions and pledge to continue working toward a future where all caregivers know the same support and understanding they show for those they look after." [[MORE](#)]

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