

From: NCOA Week <newsletters@ncoa.org>

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Date: 4/19/2016 1:04:42 PM

Subject: Know older adults coping with debt?

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## Know older adults coping with debt?

They're not alone. Our recent survey shows that older adult households with debt are carrying twice as much as they were in 2001. It's Financial Literacy Month—get the facts and share 4 ways seniors can reduce their debt.

[Find tips](#)

*April 19, 2016*

## Here's the theme for Senior Center Month 2016

September is Senior Center Month, and our National Institute of Senior Centers has announced this year's theme: *Find Balance at Your Center*. Look for program materials in June!

[Explore Senior Center Month](#)

## SSDI and Medicare: 5 things to know

How does having a disability affect a person's Medicare options? This is one of the most common questions future beneficiaries ask. Find answers on our My Medicare Matters® blog.

[Get answers](#)

## RRF accepting applications

## for projects in aging

The Retirement Research Foundation's next proposal application deadline is Aug. 1, with letters of intent due June 20. RRF grants support direct service, advocacy, education, and training programs for professionals working with elders, and research to seek causes and solutions to significant problems of older adults.

[See details](#)

### *Did you miss this?*

- **Help for Services Not Covered by Medicare:** Check out our fact sheet explaining where to send older adults for financial assistance to receive dental, vision, and hearing care.
- **May is Older Americans Month:** This year's theme is *Blaze a Trail*, and the Administration for Community Living is collecting stories of older trailblazers.

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