

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
Date: 1/17/2015 9:02:08 AM
Subject: 5 signs of vitamin d deficiency; What can I do to calm my husband with Alzheimer's?

Answers And Emotional Support While Caring For An Elder

NEWS AND ARTICLES »

5 Signs of Vitamin D Deficiency

[from Physical Wellbeing »]

Apologizing After Caregiver Stress Causes a Blowup

[from Caregiver Burnout »]

How to Protect Elders From Frigid Winter Weather

[from Senior Health »]

Caregivers Can Be Each Other's Best Friend

[from Life as a Caregiver »]

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COMMUNITY QUESTIONS AND ANSWERS »

Q: What can I do to calm my husband with Alzheimer's?

[Read caregiver answers »]

Q: The nurses at my aunt's nursing home took away the remote for her bed. Advice?

[Read caregiver answers »]

Q: Does someone with Parkinson's eventually get dementia?

[Read caregiver answers »]

Q: What are the chances of getting her out of the nursing home?

[Read caregiver answers »]

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