

From: NCOA Week <newsletters@ncoa.org>

To: Kester, Tonykester@aging.sc.gov

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Subject: Meet the Red Hat Society

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Meet the Red Hatters

The Red Hat Society is a sisterhood of like-minded women who make friends and enrich lives through the power of fun and friendship. Next month, we're traveling to New York City to see the Red Hatters and share falls prevention tips.

[Read more](#)

Jan. 31, 2017

Today and tomorrow: Call Congress to protect health care for seniors

President Trump and the new Congress are moving quickly to dismantle the Affordable Care Act (ACA). Join thousands of aging and disability advocates for 2 special call-in days today and tomorrow. **Please call 866-426-2631 on Jan. 31 and Feb. 1 to reach your representatives.** Tell your lawmakers: (1) do not repeal the ACA without a simultaneous replacement package, (2) preserve funding for ACA programs that keep seniors healthy, like the Prevention and Public Health Fund and Community First Choice, and (3) do not restructure or cut Medicaid.

[Tell us what happened on your calls](#)

Lobbying and Advocacy 101: Legal Tips for Nonprofit Advocates

Lobbying is not only legal—it's one of the most effective means for nonprofits to advance their missions. NCOA and other national aging organizations are cosponsoring a training from the experts at Alliance for Justice. Join a free webinar on Feb. 9 at 2 p.m. ET to understand what lobbying is, why it's so important, and how your nonprofit can lobby within the rules.

[Register for the webinar](#) | [See nonprofit advocacy rules](#)

Is it time to talk? A guide to end-of-life discussions

Check out these ideas on how to start a conversation with the older adults in your life about their end-of-life wishes. Read our latest blog post on NCOA's My Medicare Matters®.

[Go](#)

Coming up...

- **Medication Management: Tools for Success:** Discover the new Falls Risk Reduction Toolkit developed by NCOA and the American Society of Consultant Pharmacists. *Feb. 7 @ 3 p.m. ET*

Did you miss this?

- **3 Rules for Job Hunting after 50:** Share these tips to arm seniors with the confidence and tools they need for a successful job search.
- **New BenefitsCheckUp®:** Our online service to screen people for public and private benefits programs is now even easier to use, thanks to an exciting redesign.

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NCOA | 251 18th Street South | Suite 500 | Arlington, VA 22202