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Subject: **Happy Thanksgiving**

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NEWS YOU CAN USE

BY COMFORT KEEPERS®

Having the Conversation about Alzheimer's

Needing to have a talk about Alzheimer's disease or memory loss with a parent can be a daunting task for many adult children. For seniors, the idea of being diagnosed with Alzheimer's disease can trigger fear, anxiety, or even grief.

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Benefits and Services for the Older Veteran

Are you or a loved one missing out on the benefits and services you deserve as a war veteran? As veterans age, the Department of Veterans Affairs (VA) will provide benefits and services that address a variety of issues including the changing health risks they face, as well as financial challenges through VA benefits and health services.

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When It Is Time to Consider Respite Care

Respite care is not self-indulgent. It's a necessity. Caring for an older or ill family member can be hugely rewarding and bring you closer - but being consumed by it will drain you physically and emotionally, and eventually cause burnout.

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We have 3 local offices to better serve you:

Pee Dee Area: 843-656-1056

Sumter, Manning, Camden: 803-773-0099

East Columbia: 803-462-1808

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Fast Facts

An estimated 5.4 million Americans have been diagnosed with Alzheimer's disease, 5.2 million of them age 65 or over and every 66 seconds, someone develops the disease.

There are 12.4 million veterans age 65 or older in our country. They served in conflicts around the world, including World War II, the Korean War, the Vietnam War, and even in the Persian Gulf War.

In a study, 60% of family caregivers, ages 19-64, reported "fair or poor" health and one or more chronic conditions or disabilities, compared with only

33% of non-
caregivers.

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