

From: Delayne Hogan <delayne@ctri-intl.com>
To: Kester, Tonykester@aging.sc.gov
Date: 5/15/2015 12:03:23 PM
Subject: Self-Injury Behavior Resources

Access the following training right from your desk:

Self-Injury Behavior in Youth - Issues and Strategies Live Webinar

May 21 from 1pm - 2pm (CST)

Helping professionals are increasingly encountering young people who are engaging in self-injurious behavior. This webinar will focus on practical strategies for working with youth struggling with this complex issue. Topics covered include assessment, emotion regulation, replacement skills training and contagion prevention. Participants will gain insight regarding self-injury behavior in youth along with tools for effective intervention.

[Click Here](#) to reserve your seat.

Unable to attend? Purchase our [pre-recorded webinar](#) on the topic.

This material also available as a [resource manual](#).

**10141 ? Special Event: Mindfulness Retreat
- for Counsellors, Therapists and Caregivers**

Banff, Alberta, Canada: July 22-24, 2015 (*early rate deadline June 22*)

The ability to regulate one's body and find balance in emotion, thought and physical health is at the core of healing and well-being. It is extremely important for caregivers to cultivate their own well-being and deepen their own practice of developing regulation skills. This 'working retreat' will assist participants in developing their own mindful practice and provide the opportunity to experience the effect of a deeper embodied presence and attunement with others. In this highly experiential workshop participants will practice mindfulness, regulation skills and strategies meant to promote compassionate self-awareness and emotional balance as well as prevent burnout and compassion fatigue.

Early Rate \$595; Regular Rate \$685

More Upcoming Live Webinars

De-escalating Potentially Violent Situations™ June 5 from 1pm - 2pm (CST)

Critical Incident Group Debriefing June 17 from 1pm - 2pm (CST)

Suicide Awareness and Intervention July 15 from 1pm - 2pm (CST)

For further information, please visit our website: www.ctrinstitute.com

Free Webinar - Each month CTRI offers a complimentary webinar.

[Click Here for this month's free webinar.](#)

Regards,

Delayne Hogan

Public Workshop Coordinator, CTRI Inc.

877.353.3205

delaynehogan@ctrinstitute.com

Please [confirm](#) your continued interest in receiving our newsletters.

[Unsubscribe](#) if you no longer wish to receive our newsletters.

CTRI provides a wide variety of workshops and services for individuals, communities and organizations affected by or involved in working with issues of crisis and trauma. Our trainers and consultants are specialists in their field who deliver content-oriented presentations that are both engaging and informative.

Copyright © 2013 Crisis & Trauma Resource Institute Inc., all rights reserved.

Crisis & Trauma Resource Institute Inc.

2751 Hennepin Avenue South, Suite 715

Minneapolis, MN 55408

204-452-9199

[confirm subscription](#) | [unsubscribe](#) | [click here to update your info](#)