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**Alzheimer's Home Safety Tips** • November 17 2015 • Issue #865

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# An Interview with Rodney and Holly Robinson Peete

*Mr. and Mrs. Peete, better known as Rodney Peete, NFL Football quarterback, and Holly Robinson Peete, actress, created the HollyRod Foundation to give a voice and a hand to those striving for quality of life when theirs has been diminished due to disease or disorders.*

**Gary Barg:** You started HollyRod Foundation after Holly's dad, the great Matthew Robinson, was diagnosed with Parkinson's disease. He was, of course, noted for being the first Gordon on Sesame Street and also writer and producer of The Cosby Show. Why did you start the foundation? What are its goals?

**Holly Robinson Peete:** The Foundation was started in 1997 when my husband, Rodney, basically told me to stop feeling sorry for myself that my dad had Parkinson's disease, but to feel blessed that we had the resources to take care of him when so many people did not. [...more](#)

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## IN THIS ISSUE

**An Interview with Rodney and Holly Robinson Peete**

**Managing Lung Disease**

**"I'm Tired. I'm Just Really Tired."**

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FEATURED ARTICLE

## Managing Lung Disease

By Cheryl Ellis, RPFT, CRT, Staff Writer

The lungs oversee the body's oxygen needs by taking in air deep into their corridors (called bronchi), allowing for oxygen and carbon dioxide to filter in and out of the blood. The dance of oxygen exchange becomes more complicated with inhaled pollutants of different kinds, such as tobacco smoke, pollution and congestion from infections. [...more](#)

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GUEST ARTICLE

## "I'm Tired. I'm Just Really Tired."

By Linda Campanella

I was sitting in the dentist's chair when my hygienist told me it was her mother's birthday. She would have been turning 92 if she were alive. I told Rose I had just marked the six-year anniversary of my mom's death. Because I've sat in her chair so many times over many years, Rose knew my story and remarked, "We are two lucky women to have had such wonderful moms who were lucky to have us as daughters." I agreed. They, and we, were lucky. [...more](#)

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CARETIPS

## Alzheimer's: Making The Home Safe

By Peter Ganther

As a caregiver faced with caring for a person with Alzheimer's, we are concerned for our loved one's safety above all else. The following tips will help you outfit your home or your loved one's home for better safety. Following that are some tips for parents to talk to their children about Alzheimer's. Both sections should help families cope better. [...more](#)

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### CARENOTES

#### From Elaine:

I am interested in starting a local caregiver support group in my area. Is there any information that you can share with me on how to do that. I would appreciate any assistance that I can get. I am a former caregiver and a former social worker in long term care. I have experienced being a caregiver from both angles and I know that a support group is a much needed resource for our community here.

Thank you again for your help. [...more](#)

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