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To: Kester, Tonykester@aging.sc.gov
Date: 11/11/2015 12:30:49 PM
Subject: Happy Veterans Day!

Happy Veterans Day from SC Thrive

We are grateful for all those who have served and are currently serving. Veterans and their families are important to SC Thrive. That's why we're partnering with Razoo in their **#DayfortheBrave** initiative today to raise awareness and funds for SC Thrive's Military and Veterans Program.

We're also proud to announce our new initiative for women Veterans! We have partnered with Texas-based organization Grace After Fire to be **Table Talk™: Color Me Camo** to South Carolina. Learn more about Table Talk™ and how you can get involved below.

[Donate Today](#)

Table Talk™: Color Me Camo

Table Talk™ is a peer support system design specifically for women Veterans. Table Talk™ focuses on gender specific aspects through structured positive interaction with trained facilitators and peers.

Table Talk™'s goal is to help women Veterans help themselves. The program provides educational materials and activities that promote self-knowledge, self-understanding, self-development and self-renewal for the woman Veteran. The purpose of the program is for peers to help peers with the objective to keep Veterans well by talking to each other and to establish a bond amongst the Veterans in their local areas.

If you are a woman Veteran interested in joining a Table Talk™ Group, join us at an interest meeting on November 18 at 4:30 PM at SC Thrive or November 20 at 11:30 at the Bluff Road Amory. If you serve women Veterans or know a woman Veteran, pass along the flyer below!

Table Talk™ Flyer

**Help support SC Thrive's Military and Veterans Program
today!**

Donate Today

SC Thrive | 2211 Alpine Road Ext. | Columbia, SC 29223 | 800.726.8774 | scthrive.org

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