

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
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**Subject:** Paying for in-home care; How to cope with sundowning

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Congratulations! You have made it halfway through a calendar year of caregiving! To celebrate YOU, we have gathered the top 10 articles and questions that you and your fellow caregivers have found to be most helpful so far in 2016.

## News And Articles

### Signs That Tell You It's Time for Assisted Living

You know your loved one best, but sometimes those closest to us tend to overlook or dismiss red flags. See if you are failing to notice any of these indicators that your loved one needs more help. [Read More](#) ☆

### How to Cope with Sundowning: Tips from Family Caregivers

As with most things pertaining to these conditions, no patient, routine or caregiving situation is exactly the same. Find the best solution for your loved one through trial and error from these caregiver recommendations. [Read More](#) ☆

### Top 3 Excuses From Siblings Who Don't Help With Caregiving

No family is perfect, but it can be extremely frustrating when responsibilities are not distributed evenly. Find out what to say when siblings offer excuses for not participating in your parent's care. [Read More](#) ☆

### Paying for In-Home Care

Compared to assisted living and skilled nursing facilities, in-home care can provide significant savings. Despite this difference in cost, home care can still be a financial burden for many families. Find out what coverage options and assistance are out there. [Read More](#) ☆

### Compassion Fatigue: When Caregivers Go Beyond Burnout

What happens if caring for someone causes you serious feelings of anxiety and depression? Identify what you can do to prevent this emotional breakdown. [Find Out How](#) ☆

## The "Get Help if You Fall" Medical Alert System

Finally, peace of mind with Medical Guardian. Don't wait for an emergency, call today (800) 951-7993. Operators available 24/7.

[Learn more →](#)

## Questions and Discussions From Caregivers

**Q:** I may have to take away my Mom's dog from her. Any advice?

I am afraid I will have to remove him from her home. She loves this dog more than life and she doesn't understand what she is doing to her.

**Q:** Can I just tell social services I cannot care for my mom as she is too controlling, abusive and manipulative?

She has only been living with us for 6 weeks and I didn't realise she would make our lives a living...

**Q:** I've got DPOA. Now what?

I had already gotten health care proxy and POA signed, and my name is on his checking account. We've got most of his finances under control, but...

**Q:** What do you do when your mother outright lies?

My mother has always been fairly dramatic but it has gotten way out of hand.

**Q:** How to help an elderly parent stay out of a nursing home?

My three siblings want to put my mother in a nursing home. She does not want this and neither do I.

## Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. No fees or obligations to apply.

[See if you qualify →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### [Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

### [Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

### [Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

### [Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

### [What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

### [Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

### [Find, Hire and Manage Home Care](#)

Get connected and speak with home care agencies. They will work with you to create a care plan and find the right caregiver for your loved one.

[Get Your Complimentary Caregiving Guides Now](#)

Become an empowered and educated caregiver.

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