

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: Sex in a time of caregiving; How to approach Medicare open enrollment

Answers And Emotional Support While Caring For An Elder

News and Articles »

Sex in a Time of Caregiving

Caregiving can take a toll on one's romantic relationships. For women over 50, a variety of changes can complicate things further. See what you can do to address these issues. [More »](#)

Tracking Alzheimer's or Dementia in Senior Living Communities

Once you've placed your loved one in a care home, it is still crucial to keep an eye on their health. Learn what signs you should look for that the staff may not notice. [More »](#)

What Happens When the Caregiver Passes Before the Patient?

This question comes up frequently in the AgingCare.com community, yet it tends to generate more "what ifs" than answers. See a bloggers' thought-provoking description of this hypothetical scenario. [More »](#)

How to Approach Open Enrollment: A Guide for Caregivers

October 15 is the first day for the annual Medicare Open Enrollment Period. See what to do to ensure that you are making the most of your Medicare coverage. [More »](#)

Download our FREE Caregiving Ebook

Our ebook has instructional and helpful tips for managing your role as a caregiver for a stroke survivor. [Download "Home from the Hospital: Caregiving For a Stroke Survivor" Now!](#)

Community Questions and Answers »

Q: Mom is paying her granddaughter's monthly bills, what happens later?

This entire time my lazy little niece has been bumming rent, cell phone bill, utils, an occasional car-outright cash, and \$ for junk for her kids.

Q: Anyone ever decided to just not have a funeral for their loved one?

My mom is at home in hospice. The social worker suggested going to the funeral and doing prearranging as it would be a bit easier earlier than closer to the time.

Q: So burnt out that I'm fearful I won't be able to return to my career when the caregiving ends. Any advice?

Although she still calls me by name, she doesn't have a clue that I'm her daughter...

Q: Appealing a doctor's decision to discharge. Any advice?

I intend to call the Medicare specified contractor tomorrow to appeal the decision, but honestly expect a runaround or support of the doctor's irresponsible decision.

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How to Search for Home Care

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What You Should Know About Hospice

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How to Choose the Right Senior Living Option

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