

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: Sex in a time of caregiving; How to approach Medicare open enrollment

Answers And Emotional Support While Caring For An Elder

News and Articles »

[Sex in a Time of Caregiving](#)

Caregiving can take a toll on one's romantic relationships. For women over 50, a variety of changes can complicate things further. See what you can do to address these issues. [More »](#)

[Tracking Alzheimer's or Dementia in Senior Living Communities](#)

Once you've placed your loved one in a care home, it is still crucial to keep an eye on their health. Learn what signs you should look for that the staff may not notice. [More »](#)

[What Happens When the Caregiver Passes Before the Patient?](#)

This question comes up frequently in the AgingCare.com community, yet it tends to generate more "what ifs" than answers. See a bloggers' thought-provoking description of this hypothetical scenario. [More »](#)

[How to Approach Open Enrollment: A Guide for Caregivers](#)

October 15 is the first day for the annual Medicare Open Enrollment Period. See what to do to ensure that you are making the most of your Medicare coverage. [More »](#)

[Download our FREE Caregiving Ebook](#)

Our ebook has instructional and helpful tips for managing your role as a caregiver for a stroke survivor. [Download "Home from the Hospital: Caregiving For a Stroke Survivor" Now!](#)

Community Questions and Answers »

[Q: Mom is paying her granddaughter's monthly bills, what happens later?](#)

This entire time my lazy little niece has been bumming rent, cell phone bill, utils, an occasional car-outright cash, and \$ for junk for her kids.

[Q: Anyone ever decided to just not have a funeral for their loved one?](#)

My mom is at home in hospice. The social worker suggested going to the funeral and doing prearranging as it would be a bit easier earlier than closer to the time.

[Q: So burnt out that I'm fearful I won't be able to return to my career when the caregiving ends. Any advice?](#)

Although she still calls me by name, she doesn't have a clue that I'm her daughter...

[Q: Appealing a doctor's decision to discharge. Any advice?](#)

I intend to call the Medicare specified contractor tomorrow to appeal the decision, but honestly expect a runaround or support of the doctor's irresponsible decision.

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Don't wait for an emergency! Identify your loved one's risk of experiencing a fall or medical emergency. Make the decision that provides confidence and safety. [Take the risk assessment now >](#)

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How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

What You Should Know About Hospice

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How to Choose the Right Senior Living Option

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