

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: What's this taboo topic for men; Daylight saving time can negatively affect health

Connecting Caregivers to Answers and Support

News And Articles »

Andropause: A Taboo Topic for Many Men

Did you know that men experience hormonal changes as they age? Find out what signs to look for in your male loved ones. [Read More »](#)

Who's Who in Skilled Nursing: Staff Caregivers Should Get To Know

Knowing who is responsible for each aspect of your loved one's care is important, but it will be even more useful when you have questions that need answering. [Read More »](#)

Deciding on an End of Life Plan

Feeling like a burden on your loved one is a disheartening experience, whether you have dementia or not. One of our bloggers shares his inner debate regarding end of life planning and a desire to shield his family from future care burdens. [Read More »](#)

Daylight Saving Time Can Negatively Affect Senior Health

As the country prepares to "spring forward" an hour for daylight saving time this Sunday, it's important to keep in mind how even a tiny time change can affect your health. [Read More »](#)

Whom would you elect?

Healthcare is a hot topic and each presidential candidate has their own plan for this issue. Which one do you think is the best? [Cast Your Vote Now! »](#)

You Don't Have to be a Nurse to be a Great Caregiver

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[View the latest caregiver products and education from Sage.](#)

Community Questions And Answers »

Q: Do I move Mom to assisted living now before we don't have a choice?

She needs more help than I can provide.

Q: My sister wrote my mom's will, and stated in it I'd get 25% and she'd get 75%?

She told my mom that since she felt I would spend all my half that she would be in charge of doling out a little at a time if she felt I needed it.

Q: My Dad won't accept that he's losing his memory. What can I do?

I understand that this process isn't something he can control, but he's starting to act nasty toward everyone.

Q: As an ex-patriot, must I pay United States taxes on Social Security Benefits?
I have no income from the Philippines, no business, no job, and nothing from the gov't here.

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