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To: Adams, ChaneyChaneyAdams@gov.sc.gov
Date: 5/20/2016 2:27:51 PM
Subject: MidlandsBiz + MidlandsLife: Riverbanks boasts new flock of senior leaders; AT&T to invest more than \$800M in South Carolina

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ON THE MOVE IN THE MIDLANDS

Riverbanks boasts new flock of senior leaders

As Destination Riverbanks continues to soar, the Zoo also is spreading its wings with new additions to its senior management team. Riverbanks Society also recently elected Chris Goodall as the president of the Society's Board of Directors. [See More](#)

AT&T invests more than \$800M over 3-year period to enhance local networks in South Carolina

AT&T has invested more than \$800 million in South Carolina wireless and wired networks during 2013-2015. These investments drive a wide range of upgrades to reliability, coverage, speed and overall performance for residents and businesses. [See More](#)

Big Brothers Big Sisters of Greater Columbia announces 2016 Big of the Year

Big Brothers Big Sisters of Greater Columbia is proud to announce Julia Evans as Big of the Year 2016 for the state of South Carolina. Julia will be honored at Big Brothers Big Sisters of Greater Columbia's annual Start Something Breakfast held at the Palmetto Club this fall. [See More](#)

Your Life Your Business Luncheon: Manage Your Life like a Fortune 500 Company

June 4 - Come learn how to apply proven business strategies to your life to yield optimal success. Enjoy delicious fine dining and an interactive workshop with expert guests in the areas of money management, relationship building, community advocacy, wellness, planning and growth. [See More](#)

Sowell Gray member Tina Cundari named SC Bar Pro Bono Lawyer of the Year

Sowell Gray Stepp & Laffitte, LLC announced that Tina Cundari was named a 2016 Pro Bono Lawyer of the Year by the South Carolina Bar. [See More](#)

Dr. Karen Woodward named administrator of the year

Lexington County School District One congratulates former Lexington One Superintendent Karen C. Woodward, Ed.D., who received the Lexington County School District One Educational Foundation 2016 Joseph M. Bedenbaugh Administrator of the Year Award in recognition of her visionary and compassionate leadership as superintendent. [See More](#)

Recognition For Your Hard Work Starts With A Self-Assessment

Brian Maynor, Style Coach: "When we are tasked with composing a self-assessment, it's easy to focus on the areas for improvement and further development, but often we overlook all or most of our accomplishments. This is probably the worst thing we can do for our careers and ourselves." [Read More](#)

National Bike Month 2016

National Bike Month is an opportunity to celebrate the unique power of the bicycle and the many reasons to ride. Check [See More](#)

2016 Ken Bower Scholarship recipients announced

The Ken Bower Teacher Cadet Scholarship, named in memory of Dr. Ken Bower, an architect of the original Teacher Cadet course and curriculum, is awarded each year to senior Teacher Cadets who intend to become a classroom teacher in one of South Carolina's many public schools." [See More](#)

B. Smith to speak about Alzheimer's at South Carolina State House

On Thursday, May 26, 2016, at 10:00 a.m., the State House will usher in June as Alzheimer's & Brain Awareness Month with a special press conference featuring national lifestyle expert B. Smith and her husband, Dan Gasby. [See More](#)

City to launch Career Portal

On May 31, the City of Columbia will launch a new, easy-to-use online employment application solution. With the new solution you will be able to apply for positions on-line, get notices when a position you are interested comes available and manage your career profile. [See More](#)

County of Lexington replacing trees on South Lake Drive

The County of Lexington will begin the process of replacing 16 trees along South Lake Drive on Saturday, May 21, in an effort to provide required clearance for overhead utility lines. [See More](#)

Meadow Glen Middle School teacher receives state award

Lexington County School District One congratulates Meadow Glen Middle School Sixth-Grade Social Studies Teacher Albert Robertson on receiving the Gilder Lehrman Institute of American History 2016 South Carolina History Teacher of the Year Award. [See More](#)

Inside the Palmetto Pinball Club

By Jillian Owens: "I feel like we're about to be kidnapped." This isn't the first time a friend of mine has turned to me and said this, and I sincerely doubt it'll be the last. [See More](#)

The Turtles

By Reba Hull Campbell: The stars arrived at the venue on the Isle of Palms beach to great fanfare. [See More](#)

Are You Ready To Get Your Chinoiserie On?

Brian Maynor, Style Coach: Not only is print on print a hot trend for the summer, there is one particular style of print that seems to be the most popular, and that's Chinoiserie. [See More](#)

Hedonism

By Temple Ligon: Necessities Every once in a while you gotta just blow it out. When in doubt, pig out. Life is too short for bad wine. Hang the expense and gimme the menu. Throw a little money around. Or as Frank Lloyd Wright put it: "Give me the luxuries of life and I'll willingly do without the necessities." [See More](#)

Water is best for you, and it doesn't have to be boring

By Kay MacInnis: Water! Water! Water! Ever get tired of having the same old beverage? Then try infused water! It's a great way to have a change in the taste of water, but not add calories or anything else. [See More](#)

Palmetto Health Children's Hospital physicians concerned about rise in heat stroke deaths in children

Pediatric critical care physician Jason Peck, M.D., pediatric intensivist at Palmetto Health Children's Hospital, has seen the tragic results of children being inadvertently left in hot cars. [See More](#)

Healthy Recipe of the Week – Cauliflower Rice

By Jan Pinnington: Easy enough for kids to make! Here's a great way to eat more veggies! [See More](#)

The Brookland Foundation 20th Annual Charity Golf

Classic

This year's tournament will be held on Friday, June 17, 2016 at Wildewood Country Club. For the past 20 years, corporations and individuals have played an important role in making this tournament a success. [See More](#)

Soda City Market

May 21 - Soda City is a weekly market focused on brain, body and belly. Each Saturday from 9am – 1pm on the 1500 block of Main Street in Columbia, SC, Soda City features local and regional food and craft vendors. [See More](#)

Five After Five

May 26 - The Five Points Association announces the return of the Five After Five concert series. The 2016 season brings both classic elements of the series, as well as new features that everyone will enjoy. [See More](#)

Your Life Your Business Luncheon: Manage Your Life like a Fortune 500 Company

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Wings Across South Carolina Bioblitz

May 21 - Special Event to Celebrate Birds at Congaree National Park. As the days grow longer and the subtle hues of winter give way to the vibrant green of spring, Congaree National Park staff are feverishly preparing for a special event in May which will showcase all things birds! [See More](#)

BIA to Host Building Codes Workshop June

June 16 - The Five Points Association announces the return of the Five After Five concert series. The 2016 season brings both classic elements of the series, as well as new features that everyone will enjoy. [See More](#)

Events around Columbia and the Midlands

See business and after hours events here. [Read More](#)

Political cartoons from Robert Ariail

Published on MidlandsBiz.com almost daily. [See More](#)

Robert Samuelson: The economy's real drag — us

"American consumers aren't what they used to be — and that helps explain the plodding economic recovery. It gets no respect despite creating 14 million jobs and lasting almost seven years." [Read More](#)

Kathleen Parker: Rules are for breaking

"It should be obvious to all by now that Donald Trump knows nothing of what he speaks. His disastrous economic ideas are but the latest in a litany of nonsensical proposals." [Read More](#)

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