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Subject: My parent won't shower or change clothes; Safe income strategies you should know

THE CAREGIVERS' NEWSLETTER

Connecting Caregivers to Answers and Support

News And Articles

Home Health Aide: Your Family Lookout

A family is rarely capable of providing 24/7 care for a loved one, but a home health aide can serve as their eyes and ears when it comes to identifying problems before they worsen and become larger issues. [Read More »](#)

Finding Flow

Patients who suffer from memory loss still need to be involved in activities that are enjoyable and satisfying. Finding a hobby that fits their interests and abilities can be a challenge, but old pastimes can be adapted to make them more accessible and rewarding. [Read More »](#)

Safe Income Strategies for Retirees

Seniors have typically relied on fixed-income investments to fund their retirements, but low interest rates have made this difficult, if not impossible. Many are turning to riskier investments, but there are other options out there. [Read More »](#)

My Parent Won't Shower or Change Clothes. What Should I Do?

It is surprisingly common for aging loved ones who were once well-groomed to refuse to take showers and wear fresh clothes. Many caregivers are at a loss when it comes to convincing an elder to bathe, but there are some insights and tips that can help. [Read More »](#)

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Questions and Discussions From Caregivers

Q: Should I tell Mom I visit every day or let her continue to think that nobody visits her?

When I tell her I was just there an hour ago, she gets upset that she doesn't remember. Which is more distressing for a dementia patient?

Q: Are ombudsmen supposed to be genuinely impartial when dealing with complaints?

The family fears the nursing home will further neglect the patient if it is obvious that they have reported neglect.

Q: Does anyone else have experience with aides being reassigned in nursing homes?

The aides at Mom's home are being shuffled around and she is borderline hysterical.

Q: How does Medicaid do a 5 year look-back?

If I closed bank accounts or if I took out cash periodically, how does Medicaid know it was for a transfer during the look back?

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A final tribute should be as unique as the individual. Make your service one to remember.

[Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

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