

---

**From:** Lee, Ashton  
**Sent:** Thursday, October 8, 2015 12:44 PM  
**To:** Veldran, Katherine; Haley, Nikki  
**Subject:** Fwd: Yoga Reaches Out update

Sent from my iPhone

Begin forwarded message:

**From:** <[jessica@yogareachesout.org](mailto:jessica@yogareachesout.org)>  
**Date:** October 8, 2015 at 12:42:55 PM EDT  
**Cc:** Kyra Strasberg <[kyra@yogareachesout.org](mailto:kyra@yogareachesout.org)>  
**Subject:** Yoga Reaches Out update

Dear Nikki, Steve and Harris,

We know this week is trying for you all, as you protect and serve our community. As Honorary Chairs for the Yoga Reaches Out yogathon, you should know that we have opened the yogathon doors to support flood relief efforts and to extend to our community the healing powers of yoga. On Sunday, we are encouraging walk-ins for the yogathon. We will waive the fundraising fee, requiring only the \$25 registration fee to participate. That registration fee will be donated directly to rebuilding The Timmerman School, which was heavily compromised in the Forest Acres-area flooding. We truly believe yoga reaches out, and we hope our efforts can be even more impactful to our community at this time.

Our thoughts and prayers are with each of you as you lead your organizations in the days and weeks ahead. Please let us know if we can be of service to you and please know the doors are open to you Sunday should you need a brief respite from the recovery efforts.

Namaste,  
Kyra Strasberg & Jessica Lathren