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Subject: Senior debt doubles in last decade

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Senior debt doubles in last decade

Our newest study shows that senior household borrowing has increased significantly in the past decade, with median total debt more than doubling. How can the aging network help older adults with medical and credit card debt?

[Read our report](#)

Feb. 16, 2015

TOMORROW @ 2:30 p.m. ET: Tune in for Seniors Decide 2016

The nation's only presidential forum on aging is set for Wednesday, Feb. 17, starting at 2:30 p.m. ET. Watch it live! The event is sponsored by the Leadership Council of Aging Organizations.

[See how to watch](#)

Check out these excellent senior center programs

Our National Institute of Senior Centers (NISC) has announced the winners of its 2015 Programs of Excellence Awards. Take a look to find innovative, creative, and replicable programs for older adults.

[Meet the winners](#) | [Learn more about NISC](#)

Use these free resources for National Nutrition Month

March is National Nutrition Month. Use our *Next Steps to Better Nutrition* program to educate seniors about how to afford, purchase, and cook more nutritious foods.

Get videos, handouts, and more

Join us at Aging in America 2016!

Look for NCOA at the 2016 Aging in America Conference in Washington, DC, March 20-24. Join us for special events, including our 65th Birthday Bash, and educational sessions on topics like falls prevention, chronic disease self-management, scams, and more.

Find out what's planned

Coming up...

- **Helping Seniors Avoid Scams & Manage Debt:** Learn about common scams targeting older adults, the types of debt seniors are facing, and resources to help. *Feb. 18 @ 1:30 p.m. ET*
- **A Two-Venue Approach to Self-Management, Complementing the In-Person Workshops with the Online Better Choices Better Health®:** Learn more about Better Choices, Better Health® and its appeal to potential health care partners. *Feb. 18 @ 2:30 p.m. ET*
- **Achieving Collaboration Between Mental Health and Aging Services Through Coalition Building:** Discover the work of the National Coalition on Mental Health and Aging and two state coalitions in addressing the mental health needs of older adults. *Feb. 24 @ 2 p.m. ET*

Did you miss this?

- **Obama Administration FY17 Budget:** Find out what's included for aging services programs.
- **Senior Community Service Employment Program RFP:** NCOA is seeking qualified agencies interested in operating SCSEP in specified states. Deadline to apply is March 4.

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