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To: Adams, ChaneyChaneyAdams@gov.sc.gov
Date: 11/23/2015 10:40:58 AM
Subject: MidlandsLife: How to prepare for the first family event of the season; Battle of the Pies;
Top Tips to Travel Better for the Holidays

Welcome to MidlandsLife.

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COLUMBIA, SC - Nov 23, 2015
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How to prepare for the first family event of the season

By [Brian Maynor](#)
[Style Coach](#)

As shocking as it is to comprehend,
Thanksgiving is next week. So if you
haven't started stressing yet, I'm sure you
will at any moment.

Here are a few other ways to enjoy, and
not merely endure, your family this holiday
season.

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Battle of the Pies: How to Choose the Healthiest Pie and Why

By Kay MacInnis
Registered dietitian

Nothing says fall like the smell of pie baking in the oven. And if you're getting ready for the holidays, I'm sure you are experiencing this first-hand. [More...](#)

Might Comes Light with Tour Edge's Bazooka

By Mike Dojc

Mike finds out what happens when you grip and rip a driver named after a shoulder mounted mini missile launcher. [More...](#)

Top 12 Tips to Travel Better for the Holidays

Here is a compilation of Travel Leaders' "Top 12 Tips to Travel Better for the Holidays" for a happy, healthy and safe travel experience this holiday season.

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Being a Christian in High School

By Amanda Fox
Special to MidlandsLife

Amanda Fox, a sophomore at Spring Valley High School, is also a creative-writing student at the Northeast Arts Academy in Columbia.

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Rosemary Pomodoro Pasta

By Jan Pinnington
Founder of Healthy Hands Cooking

This is a family favorite and a great option
for Meatless Mondays.

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Wordless News

By Maria Fabrizio
Local illustrator + designer

Belgians respond to Brussels terror alert
by flooding Twitter with cat pics

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