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To: Kester, Tonykester@aging.sc.gov

Date: 7/26/2016 11:58:17 AM

Subject: Adventures: Charleston, Myrtle Beach, Edisto Island, Chapel Hill, Pittsboro, Saluda

July 26, 2016

Below: Historically eclectic, a French-inspired classic, one beautiful woman, take me to the river, sculpturally superb, my beautiful friend, stay tuned for shrimp, artful gardens, cukes rule.

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Take a Road Trip to Pittsboro & Chapel Hill

In the heart of North Carolina in Pittsboro and environs, there are wineries, historical sites, artist's galleries and fabulous restaurants, not to mention Chapel Hill, where the University of North Carolina is revered as one of the best universities in the world.

Reservations are important anywhere, because there's so much going on year round! Despite its proximity to a university town, Pittsboro is a refreshing change of pace. If you plan carefully, you can enjoy rolling countryside, quirky and elegant shops and galleries, world-class food and events from a major university – all in one long, lovely getaway. Plan a visit, soon. [Details.](#)

Where in the Carolina world are you?

OK, we'll give you a hint. Find this beauty in the Holy City. If it reminds you of France, that's by design. Visitors enjoy its classical layout and profusions of blooms – and if your timing is very good – you can thrill to the *Spoletto Festival* finale with its music and fireworks.

Where are you?

Famous Faces

Ava Gardner: The other Barefoot Contessa December 24, 1922 - January 25, 1990

Tinseltown legend Ava Gardner – famed for her roles in movies such as *Show Boat*, *The Killers*, *Mogambo* and *The Barefoot Contessa* – was born in 1922 in a rural community near Smithfield, NC.

Considered the most beautiful woman in the world by many, her life was as exotic and challenging as many of the roles she played on the screen.

One of seven children, her father was a poor tobacco farmer, and her mother worked in domestic jobs, eventually opening a boarding house for teachers after the death of her father. She was discovered at 18 after her brother-in-law took her photo and was so taken with it that he placed it in a window on a Manhattan street, where the image attracted great interest. She caught the eye of MGM and the young Southern beauty was on her way.

Married to Mickey Rooney, Artie Shaw and Frank Sinatra, adored by George C. Scott and Howard Hughes, she pursued life and love with great abandon. Most biographers consider Sinatra the love of her life, and even after their divorce, the couple remained good friends until her death.

Today, fans celebrate her legacy at the Ava Gardner Museum, located in Smithfield. "Ava's Closet" exhibit features never-before-seen personal clothing worn by Ava. View clothing, accessories, jewelry, gloves, shoes and pocketbooks, plus information about her

"When I'm old and gray, I want to have a house by the sea. And paint. With a lot of wonderful chums, good music, and booze around. And a damn good kitchen to cook in."

– Ava Gardner

Carolina Creative

Stoney Lamar *Sculptor*

Born:

November 26, 1951

Stoney Lamar lives and works in Saluda North Carolina. His wife, Susan Casey, owns the Purple Onion, a wonderful restaurant that features a variety of ethnically inspired dishes with an emphasis on the Mediterranean's simple and healthful cuisine.

In the late 70s, the couple met at Appalachian State University, fell in love, married with the plan to make furniture together, and discovered life has its own pathway to follow which may have little in common with mere humans.

Along their way, he began to embrace the geometry of woodturning and the path became clear. (Stoney credits Susan with acknowledging his potential and encouraging the pursuit of his creative work.) After he discovered an affinity for the lathe, the couple packed up their two young children and moved to New Hampshire to allow him to serve as a wood turner's apprentice. They returned to Saluda and built their home and their lives in this charming, historic community.

His work is in public collections, including Asheville Art Museum, Victoria & Albert Museum, London England, the American Craft Museum, New York, High Museum in Atlanta, and more. Mr. Lamar has won many awards, and he has lectured, taught, given workshops and served as artist in residence.

He has been a board member of the American Craft Council, president and board member of the Southern Highlands Handicraft Guild, a founding member of the Association of American Woodturners, and president of the Center for Craft, Creativity and Design.

Discover more at www.stoneylamar.net

Stoney Lamar is represented by [Blue Spiral #1](#) in Asheville, NC.

Images: top, "Birds on a Wire;" bottom, "Origami Prints." Both made of ash, steel, and milk paint.

Spring Green

Hello Tony,

Many from Columbia tour the Carolinas for golf, tennis, mountain biking, or water sports. Beach reads range from fluffy brain candy to more weighty tomes. Opportunities abound in the middle of our Carolina summer.

We like the mountain stream trails; other members of the team prefer the beach, and for some, our inland lakes offer the perfect cool-down, chill-out retreat. Whatever your pleasure, carve out moments with those you love.

There will never be a better time to re-connect.

Come experience the best of life – jobs, low taxes and real estate bonanzas driving your search for a new home. Click to: [Retirement Living & Real Estate Tips](#).

Use the 370+ pages at CarolinaLiving.com as your resource for Carolina facts 'n fun that lead to stories 'n memories!

Shrimp Fest

Leyla & Patrick Mason
Co-Founders
Center For Carolina
Living *Showcasing Carolina Life
& Adventures*

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A River Runs Through Top Carolina Golf Communities

For some couples, the coast is not the most desirable option when looking for a golf community in which to live.

The closer you are to the ocean, the more expensive the property.

Mountains may not do, either. Top mountain communities are expensive, too, and for serious golfers, playing golf in freezing winter temperatures – or no golf at all – is a non-starter.

The Carolinas, which stretch from the Atlantic Ocean to the nearly mile high western Carolina mountains, offer plenty of alternatives inland, featuring year-round golf inside the gates of reasonably priced communities located beside a river.

Here are a few choices that might just float your boat. Contact editor@homeonthecourse.com for additional information.

How Does Your Garden Grow?

Edisto Island, SC

On Saturday, September 24, the sixth annual Edisto Shrimp Fest will spotlight the fishing industry and its contributions to Edisto. The festival will be held from 10am to 10pm at Bay Creek Park and will feature local seafood prepared according to celebrated Edisto recipes. Arts and crafts vendors will offer their treasured wares, and the Shem Creek Boogie Band will perform from 6 to 10pm. For more information, please call 843.869.3867, or visit www.edistochamber.com.

Going in August? The picturesque Bay Creek Park is also the setting for the weekly Arts and Crafts Market, which features many local artisans. The market is held every Wednesday, from 9am to 4pm through October 26.

Tasty Food and Excellent Wine

Mid-Summer Saturday Cookout at La Belle Amie

July 30, 2016 | noon - 5pm

Bring a blanket and chair, and enjoy the music at La Belle Amie! This event features live music, tasty food and excellent wine. Admission is \$3, and individuals under 18 and over 80 are admitted for free. Folks who donate at least two canned or dry food items will receive a ticket discount of \$3 (free admission).

1120 St. Joseph Road | Little River, SC
843-399-9463
www.LaBelleAmie.com

You'll Never be Lonesome (or hungry)

In the Carolinas, chances are it grows with an abundance of blooms, from azaleas to camellias, hostas to roses, and green plants. Trees? Perhaps our best asset, with magnolias, dogwoods and cherry trees, plus Bradford pears, and (wait for it) the occasional persimmon.

A great path toward developing your own garden plan is to visit public gardens for inspiration. [Read](#) all about 'em.

*Image courtesy of
Historic Charleston Foundation*

The Guide is here!

Updated town information, six fun new Carolina Adventures, and one heck of a good-looking feature showcasing gardens. Order yours today.

[Click here](#) for the official hold-in-your-hand Guide to Carolina lifestyle fun and adventure trips, plus real estate tips, tax & cost-of-living advantages, retirement opportunities and town profiles. Just share your dream goals and we'll help lead you to smart Carolina life and times.

Facebook

Get outside and play – biking, swimming, sailing, tennis, and what about pickleball? Good times. Share with us on [Facebook](#).

Heading your way

Farm-To-Table-For-You

CASHIERS, NC: Canyon Kitchen, located in the rustically elegant Jennings Barn at the foot of Cow Rock Mountain in Lonesome Valley should be on your great-cuisine-in-a-mountain-setting radar.

Executive Chef Adam Hayes has been receiving rave reviews from guests, the news media and culinary professionals since he started as executive chef at Canyon Kitchen in 2015.

His passion for farming is evident in the creative farm-to-table menus, handcrafted beverages and botanical

infusions for cocktails. (Don't miss the garden patio bar with its handcrafted cocktails with seasonal botanical infusions, craft beer and wines produced from sustainably raised grapes.) For dinner in the restaurant, the menu changes according to wonderful local items available.

Nestled in the majestic Blue Ridge Mountains of Cashiers, Canyon Kitchen is located in one of the most beautiful settings in the country, framed by verdant forests and meadows, encircled by thousand-foot granite cliffs. It has been recognized with an OpenTable Diners' Choice Award for Top 100 Scenic View Restaurants in America. www.lonesomevalley.com

Carolina Cuisine

When Cukes take over the world

Recently, a friend invited me to drop by and pick up a few tomatoes from his garden. Absolutely!

I arrived in short order, to be met by my smiling neighbor, with two large bags in hand. One held the promised tomatoes; the other, about 12 cucumbers. "Nobody gets goodies from the garden without taking a few of these," he said, with a laugh. Of course, I complied and started looking for a recipe to use several of these gentle giants. I found something delicious and perfect for warm summer nights.

Take a look at this refreshing [Cucumber and Feta Salad](#), courtesy of the North Carolina Department of Agriculture and Consumer

- **Let's Take a Road Trip!**
- **Carolina Famous Faces**
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Inn for Sale

With a favorable location halfway between New York and Florida, this superb South Carolina Inn is a well-known stop for travelers on their way to their seasonal destinations. The Inn is the preferred accommodation south of Richmond and close to I-95. Membership in Select Registry: Distinguished Inns of North America and AAA Four Diamond rating add to the Inn's appeal, as does the recent addition of a Tesla charging station.

Reminiscent of an English Country Estate, the Inn retains the feel of an opulent private home. Seven lavish guest rooms, expansive common areas and verandahs provide a relaxing stopover in a quiet and convenient location. www.innpartners.com/inn/sc-full-service-inn

New Essex Homes

COLUMBIA, SC – Essex Homes announces four new opportunities for buyers to purchase an Essex home in Columbia, South Carolina. The builder has recently opened two new communities, Blythe Creek and The Ponds, as well as new phases at Indian River and Allan's Mill. Located in Columbia's popular Lake Carolina community, The Ponds offers new homes priced from the high \$100,000s and ranging from 1,200 to more than 2,700 square feet and three to five bedrooms. Also new is Blythe Creek in Northeast Columbia. With prices from the mid-\$100,000s, homes at Blythe Creek offer three or four bedrooms, a stainless steel appliance package and more. Finally, Indian River, a golf course community in Lexington, features homes priced from the low \$200,000s. Homes offer 2,500 to more than 4,200 square feet of living space with three to six bedrooms and all brick exteriors. Visit www.EssexHomes.net.

Encore: an integrated new-home lifestyle

CHAPEL HILL, N.C. – Briar Chapel, being developed by Newland Communities, joins forces with [David Weekley Homes](#) to unveil Encore, an integrated new-home lifestyle offering for adults ages 55 years and older. The second release of this housing option in the country, Encore will offer single-story houses and dedicated amenities for residents seeking an age-qualified community along with the activities and benefits already available at Briar Chapel. The community will feature low-maintenance homes that differ from traditional age-qualified housing in the market. Based on innovative real estate research, Encore re-envisioned active adult living by combining the privacy of designated amenities with the camaraderie and interaction of a larger community, plus a 3,100-square-foot amenity center with a private clubhouse, pool and fitness facility.

Send your Newsworthy Info To:

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