

**Account:** South Carolina State Parks

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**South Carolina State Parks**

at 13:00:00 on 1/19/2016 UTC · 🌐

Anyone who has ever hiked around the SC Lowcountry has most likely encountered this prolific species of holly – the Yaupon Holly. This unassuming shrub is well-known for its scientific name, *Ilex vomitoria*, derived from the Native Americans' use of the berries to make a strong decoction that induced vomiting. Yaupon is the only known caffeinated plant native to North America, and produces an excellent tea from the leaves. Today, there is only one commercial distributor of the tea.



**Cody Gillespie** If it was used to induce vomiting I'm not sure I would want it in my tea lol

at 13:16:00 on 1/19/2016 UTC



**Lee Clark** The berry induces vomiting, the leaves are used for tea

at 13:16:52 on 1/19/2016 UTC



**Bill Fenters** What company has the tea. How can i make some tea

at 13:24:06 on 1/19/2016 UTC



**Rick Caswell** [www.lostpinesyaupontea.com](http://www.lostpinesyaupontea.com)



at 13:31:07 on 1/19/2016 UTC



**Alicia Townsend Wilson** Frances Wilder Townsend this is what we saw on Linwood with the glassy looking berries, don't you think?

at 14:14:43 on 1/19/2016 UTC



**Frances Wilder Townsend** It surely looks like it!

at 14:25:13 on 1/19/2016 UTC



**Holly Marie Hughes** Leaves are used for tea.....not the berries.....

at 15:35:47 on 1/19/2016 UTC



**Matthew Sullivan** Someone on Linwood has this bush because I saw clippings of it around the holidays...and yes I used it for decorations. Funny thing: the birds do not eat the berrys!

at 16:34:58 on 1/19/2016 UTC



**Debbie Craft** I learned this at the Myrtle Beach State Park First Day Hike. Ann was such a great guide!

at 19:05:04 on 1/19/2016 UTC



**Tina Horne Brakefield** I think I have one of these in my yard! Thanks for sharing!

at 21:27:25 on 1/19/2016 UTC



**Casey Phillips** Cool! Thanks for sharing

at 1:51:59 on 1/20/2016 UTC



**Patsy Walling** Beautiful plant

at 7:51:03 on 1/20/2016 UTC



**Ashby Gale** Catspringtea.com sells some!



at 12:51:11 on 1/20/2016 UTC



**Brandon Nelson** Shanon Moss

at 15:03:15 on 1/20/2016 UTC