

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: Too incapacitated to sign a will, trust or POA; Top 5 strategies to protect your money from Medicaid

THE CAREGIVERS' NEWSLETTER

*The Caregivers' Choice:
Top 10 Articles and questions for April 2016*

News And Articles

[Top 5 Strategies to Protect Your Money from Medicaid](#)

Medicaid is one of few ways to fund long-term care services. See how you might be able to use this program to get the care you need and safeguard some of your funds in the process. [Read More](#) ↑

[3 Key Differences between Independent Living and Assisted Living](#)

You will not believe the differences between the two! The differences are significant. Ensure your loved one is in the right care setting. [Read More](#) ↑

[When Is a Person Too Incapacitated to Sign a Will, Trust, or POA?](#)

Of course, the best advice is not to wait until it's too late. Having important conversations with family members early on will save you time and money. Get started now. [Read More](#) ↑

[Saying 'No' to Family Drama while Caregiving](#)

Regardless of whether you are a caregiver or care recipient, it is critical to avoid unnecessary stress. This blogger shares his experiences with family drama and how he decided to put an end to it once and for all. [Read More](#) ↑

[How to Cope with Sundowning: Tips from Family Caregivers](#)

As with most things pertaining to these conditions, no patient, routine or caregiving situation is exactly the same. Find the best solution for your loved one through trial and error from these caregiver recommendations. [Read More](#) ↑

[Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

[Get this Free Senior Housing Guide](#)

Questions and Discussions From Caregivers

Q: Is anxiety contagious?

My mother has lived with me for a year and she is very anxious. Now I find myself having anxiety like never before.

Q: How do you know if confusion is due to old age, hearing loss or something more?

We've noticed an increase in having to repeat ourselves and reminding grandma how to do things.

Q: Getting psychiatric help for Dad in assisted living?

My brother and I think what Dad needs is regular psychiatric help and some changes to his meds, but aren't sure how to make that happen.

Q: My mother has dementia. Will she forget how to take care of her colostomy?

Do I wait on her or only do what she can't? I fix all her meals and take care of everything now.

Q: How do I make sure Mom is taken care of without sacrificing my future?

I am now on the second parent as a caregiver and am trying to keep burnout and resentment in check.

You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

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Learn about the different types of senior housing with current market information on services and costs.

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[Get a Funeral Planning Guide](#)

A final tribute should be as unique as the Individual. Make your service one to remember. [Request your FREE Personal Planning Guide >](#)

[Need Help Paying for Care?](#)

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

[The "Get Help if you Fall" Medical Alert System](#)

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Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

Get Complimentary Caregiving Guides

These eBooks provide caregivers with instructive and inspirational information. Become empowered and educated about caregiving. [Download your eBook now >](#)

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