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To: Kester, Tonykester@aging.sc.gov
Date: 10/25/2016 9:39:53 AM
Subject: Spotlighting: Fall in the Carolinas | Aiken | Charlotte area

October 25, 2016

Below: Queen City Buddy; a Tisket, a Tasket; Germy Goodness; Come on Down; Festival Fun; Frightfully Spooky; Cabbage Cooking; Let's go Costuming.

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Take a Road Trip to Gaston County, NC

If you find yourself near Charlotte, perhaps driving along 1-85 on your way to somewhere, consider making a detour to discover the beauty, history, recreation and small town charm that await, just off the interstate.

Daniel Stowe Botanical Gardens is a spectacular stop – worthy of several hours of your time.

There are museums with unique (and uniquely interesting) exhibits for history enthusiasts. And, children of all ages will enjoy the U.S. National Whitewater Center.

First, you'll need accommodations and great restaurants to try and we've got you covered there, too. [Read more.](#)

Images: Top, Daniel Stowe Botanical Gardens; Bottom, U.S. National Whitewater Center. Photography courtesy of Gaston County | gogaston.org .

Carolina Famous Faces

Aziz Ansari Comedian, Actor, Writer

Comedian Aziz Ansari was awarded an Emmy for Outstanding Writing for a Comedy Series for his original series “Master of None.” He co-wrote the episode “Parents,” with the show’s co-creator Alan Yang.

Born in Columbia and raised in Bennettsville, the South Carolina native graduated from The Governor’s School for Science and Mathematics in 2000. During his time at the School, he was involved in a variety of endeavors, including the tennis team. Prior to being accepted to GSSM, he attended Marlboro Academy in Bennettsville. Following graduation, Mr. Ansari attended New York University, where he earned his marketing degree in 2004.

Mr. Ansari then shifted his career to become a comedian and actor. He landed the role of Tom Haverford on NBC’s “Parks and Recreation.” In 2015, he produced and starred in his very own Netflix original series “Master of None.” Mr. Ansari first came to audiences’ attention when he co-created and starred on MTV’s hit sketch comedy series, “Human Giant.” An accomplished stand-up comedian, Mr. Ansari was named “The Funniest Man Under 30” by Rolling Stone in 2011.

Recently, Mr. Ansari wrote *Modern Romance: An Investigation*, for which he teamed up with NYU sociologist Eric Klinenberg and designed a massive research project that helped him combine his irreverent humor with cutting-edge social science to give readers a glimpse into the world of romance.

In 2012, Mr. Ansari played a talking goat in an animated video for Oxfam America to encourage donations.

Following the Boston Marathon bombings in 2013, Mr. Ansari performed a benefit at the Wilbur Theatre in Boston, for the victims.

About GSSM: The South Carolina Governor's School for Science and Mathematics (GSSM) is a two-year, public, residential high school in Hartsville, SC, specializing in the advanced study of science, technology, engineering and math (STEM), with a unique emphasis on economics and entrepreneurship. www.scgssm.org

Carolina Creative

Clay Burnette

Traditionalist, yet innovator. Clay Burnette made his own path into the Carolina woods in search of ubiquitous pine needles and emerged with national recognition, awarded him over the four

decades during which he has coiled distinctive baskets that are more sculpture than utilitarian.

Beautiful, Booful

Hello Tony,

Hope all is well with you and yours in the Columbia region these days.

One look at this COMPASS eNews and you'll know that Carolina folks like to be amused, entertained and informed. From hikes in our incomparable Blue Ridge Mountains, to food events, there's so much to do. Festivals are everywhere – any pretense is enough to have a party and invite several thousand like-minded souls to join in.

The Blue Ridge Mountains are magnificent in colors. Heartlands and coastal folks are still in shorts and deck shoes but there's color headed here, too. It's a perfect time to get outdoors and explore the Carolinas.

And despite the blow dealt by Hurricane Matthew, and with much thanks to our valiant first responders, the Carolinas are open for good times – from mountains to shore. In fact, we've been reminded again that the people are our strongest assets here.

Neighbors helping one another, folks volunteering tirelessly – it's a wonderful place to call home.

As oldtimers here now, with roots extending back for 30+ years ... glad we found it when we did. Still charming – an easy lifestyle, chock full of culture that ticks all our boxes.

Explore the memorable and affordable getaways. Hike and bike the fascinating geography. Indulge in shrimp, oysters and fall fruits and veggies. Super real estate values abound. Time to build your small palace.

Join us in Loving the Carolinas!

Basket making represents his traditional side. The innovation is in the unmatched design.

Employing long-leaf pine needles, the longer the better, he allows his baskets to slump into contemporary, rather abstract formations following a technique he developed when he could find little in craft instruction books to help actualize his vision for coiling.

The contrasts continue. His basket making draws from opposite ends of the Carolinas. In the Blue Ridge Mountains that range into Mr. Burnette's native Georgia, the craft is legendary. The South Carolina Lowcountry has its own basket traditions, blending pine needles with sweet grass, in keeping with Gullah Geechee artisan traditions. His differ dramatically from those models.

Over the decades Mr. Burnette has experimented with natural dyes and even paints to augment the pine needles' color. Although natural linen thread has been his choice for sewing the needles into their structure, he has used copper at times – and even telephone wire, strung with beads and natural stones, to enhance the aesthetic and durability of his baskets.

His work has been invited into prestigious collections, from the White House to the Columbia Museum of Art. He is frequently asked to teach at revered art centers, such as Arrowmont Arts & Crafts Center in Gatlinburg, TN.

To see more of his work, visit clayburnette.com.

Story written by Rachel Haynie

Photo: Slab, by Clay Burnette

Technicolor Touring

Carolinas Colorful

The beautiful leaf transformation begins in the mountains and slowly heads toward the sea. In every region, the terroir provides a Mother Nature delight for which mere photography simply can't do justice. Want to know where to go and when? Check out VisitNC.com and learn which trees make that scrumptious red, or the lemony yellow.

www.visitnc.com/story/fall-foliage-hikes

(And thanks to writer Pete Anderson for providing a great list of fall destinations.)

*Image: Hanging Rock State Park, NC;
Photography Credit: Bill Russ — VisitNC.com*

Historic Hurricane?

Leyla & Patrick Mason

Co-Founders

Center For Carolina

Living *Showcasing Carolina Life
& Adventures*

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Aiken Farmers Market Announces Fall Fest 2016

***The Willcox Food Truck,
cookbook author Rebecca Lang,
crafts, touch-a-tractor display,
and more...***

The Aiken County Farmers Market is celebrating the fall season during its annual Fall Fest taking place on both Saturday, October 22 and Saturday, October 29 from 8:00 a.m. until 12:00 p.m. at the market pavilion located at 115 Williamsburg Street.

The lineup for Saturday, October 22 includes a special appearance by Rebecca Lang; a food writer, cooking instructor, television personality, and *Southern Living* contributing editor. Rebecca will tour the market at 8:30 advising the public on how to buy fresh, in season produce, and then be available for cooking demos and selling her cook book until 11:00.

The Willcox Food Truck will be on site selling southern recipes featured in Lang's latest cookbook, *The Southern Vegetable Book*.
The October 29th event features free

Let's Look at the Facts

Those contemplating a move close to the Southeast coast might consider the damage from October's Hurricane Matthew and decide to head for the hills. They need not.

The facts are that Matthew is pretty much an unprecedented event in that it covered such a wide territory along the coast, from Miami to the north Atlantic. Customarily, an Atlantic storm catches a ride on the Gulfstream 75 to 100 miles off the coast and heads on a more northeasterly path than Matthew, which wobbled its way along the coast on more or less a northern path before bouncing around on its way up the coast. This is why, historically, more hurricanes have made landfall on Long Island, NY, than in Savannah, GA. [Read more.](#)

Meet your microbes (*Grossly fascinating!*)

North Carolina Museum Of Natural Sciences

Crawling on your skin, swimming in your gut, and traveling through your intestines are over 100 trillion teeny, tiny microorganisms. Collectively they are known as your microbiome, and they help keep you healthy. In *The Secret World Inside You*, you'll be introduced to the community of creatures that your immune system, digestive system, and brain rely on every day!

Using videos, larger-than-life models, and interactive games, *The Secret World Inside You* explores the microscopic, non-human life in and on our bodies and the benefits of coexisting with them. From allergies, to cavities, to asthma – your microbiome is part of the equation. Come meet your microbiome!

pumpkin painting for kids, Touch-a-tractor displays with opportunities for kids to explore the insides of different tractors, and the Aiken Master Gardeners.

Along with the fresh local produce and baked goods usually found at the market, both Saturday events also include pumpkin painting, fall goodies, touch-a-tractor display, and demonstrations by the Aiken Master Gardeners. Visitors are encouraged to attend the October 29 dressed in their Halloween costumes to be eligible for giveaways.

Call 803.293.2214.
Discover [Aiken](#).

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So many ways to enjoy living in a college town. Six new adventures.
Help for starting a business. New towns. Subscribe today and enjoy!
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Facebook

There's something freeing about dressing up for Halloween. (I remember his-and-hers killer bee costumes – great until you tried to sit down on your stinger.) How long has it been since you donned a costume and a new persona for the night? Please share the best costume idea ever on [Facebook](#).

Heading your way

October 22, 2016 – March 12, 2017 | Raleigh, NC
www.naturalsciences.org
More about [Raleigh](#).

17 Haunted Houses

Scary – Very, Scary.

Looking for a frightful experience for you and the kiddies?

How about checking out some really monstrous entertainment, or visit an old home that claims spirits all through the year.

We found this heart-pounding website that lists a white-knuckled group of possibilities in North Carolina for your Halloween viewing

pleasure. Consider the Fear Farm, Pinhead's Graveyard, or the Maze of Terror. Don't go alone.

[Haunted Houses](#)

Carolina Cuisine

Feed the World – Save Yourself

You can feed the world by growing cabbage! “Even a small head yields plenty for a large cabbage salad,” says Patricia Moore-Pastides, First Lady at the University of South Carolina, and accomplished cook and cookbook author.

This recipe caught our collective eye because it's healthy, tasty and perfect to add a bit of freshness to your Thanksgiving or harvest meal. [Cabbage, Walnut and Cranberry Salad](#). Check it out, and learn more about her wonderful book, *Greek Revival from the Garden*, published by USC Press.

- Let's Take a **Road Trip!**
- **Carolina Famous Faces**
- **Insider Attractions**
- **Adventures**

Mystical Golf

Featuring Myrtle Beach's great "golf buddy" stay-and-play packages – Mystical Golf announces that its acclaimed Man-O-War and Wizard courses are completely operational and open for play following Hurricane Matthew.

Man-O-War was recently ranked in the "Top 15 Courses in South Carolina" in *Golf Channel's Golf Advisor* rater reviews. Its 15th hole ranks among *GOLF Magazine's* "Five Most Memorable Island Greens" alongside No. 17 at TPC Sawgrass, the "Alcatraz" hole at PGA West's Stadium Course and Coeur d'Alene Resort's movable, floating putting surface. The Wizard has earned an exceptional 4-1/2 stars from *Golf Digest*. Check out their gold package.

For Mystical Golf information: www.mysticalgolf.com, 843.282.2977.

Charleston's Next Great Place

Carnes Crossroads' newest neighborhood, St. James Park, is taking shape along the edges of the community's first lakes. The Northwood Academy campus is bustling with activity now that the Academy's Upper School has relocated there, and construction is underway on the Academy's Lower School facility. Northwood Academy and Church are joined by a diverse selection of medical providers, offering the first of many services and conveniences planned for Carnes Crossroads. In Summerville SC, near Charleston. carnescharleston.com

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