



**Learning Collaborative on
Trauma-Focused Cognitive Behavioral Therapy
Learning Session 1**

Agenda - DAY 1

Time	Activity	
8:30 – 9:00 am	Sign-In	
9:00 – 9:45 am	Welcome and Faculty Introductions Implementation Team Introductions Overview of the Learning Collaborative Completion Requirements Project BEST BINGO	
9:45 – 10:15 am	Overview of TF-CBT	
10:15 - 10:30	Break	
10:30 – 12:00 pm	Assessment of Trauma To Be or Not to Be TF-CBT: Identifying children who need TF-CBT	
12:00 – 1:00 pm	Lunch	
1:00 – 2:30 pm	<u>Clinical Track</u> Initiating treatment Psychoeducation Parenting Skills Relaxation	<u>Senior Leader Track</u> SL role and functions in staff learning and use of TF-CBT Organizational issues in implementation of TF-CBT
2:30 – 2:45 pm	Break	
2:45 – 4:00 pm	Affective Modulation Cognitive Coping and Processing	Implementation Plan Implementation Leadership Using metrics for success
4:00 – 4:30 pm	Challenges to Implementing TF-CBT Parking Lot Questions Evaluation	



**Learning Collaborative on
Trauma-Focused Cognitive Behavioral Therapy
Learning Session 1**

Agenda -- DAY 2

Time	Activity	
8:30 – 9:00 am	Sign-in	
9:00 – 9:30 am	Training Cases, Metrics, and Outcomes	
9:30 – 10:30 am	Overview of and Rationale for the Trauma Narrative	
10:30 – 10:45 am	Break	
10:45 – 12:00 pm	<u>Clinical Track</u> Developing the Trauma Narrative Cognitive Processing of the Trauma Narrative Sharing the Trauma Narrative	<u>Senior Leader Track</u> Common barriers, Common Solutions Small Tests of Change Promoting staff success in the LC
12:00 – 1:00 pm	Lunch	
1:00 – 2:30 pm	<i>In vivo</i> mastery of trauma Reminders Conjoint child-parent sessions Enhancing Safety and Development	Importance of organizational climate & culture Vicarious Trauma & Staff Care Planning for sustainment of TF-CBT
2:30 – 2:45 pm	Break	
2:45 – 3:15	Review of TF-CBT	
3:15 -- 4:00 pm	Using TF-CBT in your agency Implementation challenges	
4:00 – 4:30 pm	Parking Lot Questions Evaluations Sign out	



Learning Collaborative on TF-CBT
Learning Session 2
Agenda

DAY 1

Time	Activity
8:30 – 9:00 am	Sign-in Distribute raffle tickets until 9:00
9:00 – 9:15 am	Welcome and introductions Overview of the Learning Session
9:15 – 9:45 am	News You Can Use Metrics Update and Wins!
9:45 – 10:15 am	Collaborative Creative Problem Solving
10:15 – 10:30 am	BREAK
10:30 – 12:00 pm	Big vs. Small Tests of Change Obstacles to Children Receiving and Completing TF-CBT Family Engagement Crises of the Week
12:00 – 1:00 pm	LUNCH (provided)
1:00 – 2:30 pm	Track Break-Outs <ul style="list-style-type: none"> ➤ Clinicians ➤ Senior Leaders
2:30 – 2:45 pm	BREAK
2:45 – 4:00 pm	Track Break-Outs <ul style="list-style-type: none"> ➤ Clinicians ➤ Senior Leaders
4:00 – 4:30 pm	Parking Lot Evaluations Raffle Sign-Out



Learning Collaborative on TF-CBT
Learning Session 2
Agenda

DAY 2

Time	Activity
8:30 – 9:00 am	Sign-in Distribute raffle tickets until 9:00
9:00 – 9:15 am	Welcome Review of Day 2 Agenda
9:15 - 10:15 am	Project BEST Jeopardy
10:15 – 10:30 am	BREAK
10:30 – 12:00 pm	Track Break-Outs <ul style="list-style-type: none"> ➤ Clinicians ➤ Senior Leaders
12:00 – 1:00 pm	LUNCH (provided)
1:00 – 2:30 pm	Track Break-Outs <ul style="list-style-type: none"> ➤ Clinicians ➤ Senior Leaders
2:30 – 2:45 pm	BREAK
2:45 – 3:15 pm	PEAPO Model of Case Monitoring Practical monitoring of TF-CBT Fidelity
3:15 – 3:30 pm	Challenges to Sustaining the Delivery of TF-CBT with Fidelity
3:30 – 4:00 pm	Self-care for the Trauma Therapist
4:00 – 4:30 pm	Parking Lot Raffle Evaluations Sign-out