



**Learning Collaborative on  
Trauma-Focused Cognitive Behavioral Therapy  
Learning Session 1**

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## Agenda - DAY 1

Time	Activity	
8:30 – 9:00 am	Sign-In	
9:00 – 9:45 am	Welcome and Faculty Introductions Implementation Team Introductions Overview of the Learning Collaborative Completion Requirements Project BEST BINGO	
9:45 – 10:15 am	Overview of TF-CBT	
10:15 - 10:30	Break	
10:30 – 12:00 pm	Assessment of Trauma To Be or Not to Be TF-CBT: Identifying children who need TF-CBT	
12:00 – 1:00 pm	Lunch	
1:00 – 2:30 pm	<u>Clinical Track</u> Initiating treatment Psychoeducation Parenting Skills Relaxation	<u>Senior Leader Track</u> SL role and functions in staff learning and use of TF-CBT Organizational issues in implementation of TF-CBT
2:30 – 2:45 pm	Break	
2:45 – 4:00 pm	Affective Modulation Cognitive Coping and Processing	Implementation Plan Implementation Leadership Using metrics for success
4:00 – 4:30 pm	Challenges to Implementing TF-CBT Parking Lot Questions Evaluation	



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## Agenda -- DAY 2

Time	Activity	
8:30 – 9:00 am	Sign-in	
9:00 – 9:30 am	Training Cases, Metrics, and Outcomes	
9:30 – 10:30 am	Overview of and Rationale for the Trauma Narrative	
10:30 – 10:45 am	Break	
10:45 – 12:00 pm	<u>Clinical Track</u> Developing the Trauma Narrative Cognitive Processing of the Trauma Narrative Sharing the Trauma Narrative	<u>Senior Leader Track</u> Common barriers, Common Solutions Small Tests of Change Promoting staff success in the LC
12:00 – 1:00 pm	Lunch	
1:00 – 2:30 pm	<i>In vivo</i> mastery of trauma Reminders Conjoint child-parent sessions Enhancing Safety and Development	Importance of organizational climate & culture Vicarious Trauma & Staff Care Planning for sustainment of TF-CBT
2:30 – 2:45 pm	Break	
2:45 – 3:15	Review of TF-CBT	
3:15 -- 4:00 pm	Using TF-CBT in your agency Implementation challenges	
4:00 – 4:30 pm	Parking Lot Questions Evaluations Sign out	



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**Learning Session 2**  
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**DAY 1**

<b>Time</b>	<b>Activity</b>
8:30 – 9:00 am	<b>Sign-in</b> <b>Distribute raffle tickets until 9:00</b>
9:00 – 9:15 am	<b>Welcome and introductions</b> <b>Overview of the Learning Session</b>
9:15 – 9:45 am	<b>News You Can Use</b> <b>Metrics Update and Wins!</b>
9:45 – 10:15 am	<b>Collaborative Creative Problem Solving</b>
10:15 – 10:30 am	<b>BREAK</b>
10:30 – 12:00 pm	<b>Big vs. Small Tests of Change</b> <b>Obstacles to Children Receiving and Completing TF-CBT</b> <b>Family Engagement</b> <b>Crises of the Week</b>
12:00 – 1:00 pm	<b>LUNCH (provided)</b>
1:00 – 2:30 pm	<b>Track Break-Outs</b> <ul style="list-style-type: none"><li>➤ Clinicians</li><li>➤ Senior Leaders</li></ul>
2:30 – 2:45 pm	<b>BREAK</b>
2:45 – 4:00 pm	<b>Track Break-Outs</b> <ul style="list-style-type: none"><li>➤ Clinicians</li><li>➤ Senior Leaders</li></ul>
4:00 – 4:30 pm	<b>Parking Lot</b> <b>Evaluations</b> <b>Raffle</b> <b>Sign-Out</b>



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**DAY 2**

Time	Activity
8:30 – 9:00 am	<b>Sign-in</b> Distribute raffle tickets until 9:00
9:00 – 9:15 am	<b>Welcome</b> Review of Day 2 Agenda
9:15 - 10:15 am	<b>Project BEST Jeopardy</b>
10:15 – 10:30 am	<b>BREAK</b>
10:30 – 12:00 pm	<b>Track Break-Outs</b> <ul style="list-style-type: none"> <li>➤ Clinicians</li> <li>➤ Senior Leaders</li> </ul>
12:00 – 1:00 pm	<b>LUNCH (provided)</b>
1:00 – 2:30 pm	<b>Track Break-Outs</b> <ul style="list-style-type: none"> <li>➤ Clinicians</li> <li>➤ Senior Leaders</li> </ul>
2:30 – 2:45 pm	<b>BREAK</b>
2:45 – 3:15 pm	<b>PEAPO Model of Case Monitoring</b> Practical monitoring of TF-CBT Fidelity
3:15 – 3:30 pm	<b>Challenges to Sustaining the Delivery of TF-CBT with Fidelity</b>
3:30 – 4:00 pm	<b>Self-care for the Trauma Therapist</b>
4:00 – 4:30 pm	<b>Parking Lot</b> Raffle Evaluations Sign-out