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Date: 4/5/2016 1:05:37 PM

Subject: See our playbook for aging well

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See our playbook for aging well

Today's older adults have an incredible gift of longevity—but how can they make the most of it? Our innovative Aging Mastery Program® (AMP) offers an exciting playbook—complete with classes, peer support, and rewards. Plus senior centers and older adults say it's FUN!

Meet AMP

April 5, 2016

April is Financial Literacy Month

Help the older adults you serve make the most of their money.

EconomicCheckUp® offers practical tips and tools to make a budget, save, and avoid scams. Our Savvy Saving Seniors® toolkits are another great resource if you're looking to offer an educational workshop this month.

[Visit EconomicCheckUp®](#) | [Download Savvy Saving Seniors®](#)

Still time to plan spring advocacy at home

Spring isn't the only season gearing up—so is the federal appropriations season, and your voice is needed to advocate about programs for seniors. Senators returned to Capitol Hill yesterday, and Representatives will be

back in a week. But they'll be home again the first week of May and Memorial Day week. Use our resources to plan meetings with your Congressional delegation at home, and reach them throughout the season with our ongoing action alerts.

[Use our recess toolkit](#)

Number of seniors to nearly double by 2050

America's 65+ population is projected to nearly double to 88 million by 2050, according to a new report from the National Institutes of Health. The global population of people aged 80+ is expected to more than triple over the same period.

[Read more](#)

Coming up...

- **Partnering with Quality Improvement Networks to Expand Access to Diabetes Self-Management Education Programs:** Hear from CMS and learn about successful QIN and aging services/public health partnerships. *April 19 @ 3 p.m. ET*
- **STEADI Implementation and Partnering with Health Care:** Learn how the CDC's STEADI (Stopping Elderly Accidents, Deaths and Injuries) Toolkit can be used for falls prevention screening, assessment, intervention, and education of older adults. *April 27 @ 3 p.m. ET*

Did you miss this?

- **Falls Prevention Awareness Day 2016:** This year's event is Sept. 22, and the theme is *Ready, Steady, Balance: Prevent Falls in 2016*.
- **NCOA's Greatest Hits:** Take a stroll down memory lane with 6 timelines showing NCOA's achievements over the past 65 years.

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