

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
Date: 3/14/2015 9:02:26 AM
Subject: Anxiety can be contagious; Tax rules for social security benefits

Answers And Emotional Support While Caring For An Elder

NEWS AND ARTICLES »

[How to Make Life Easier \(and Safer\) for an Older Adult at Home](#)

[from Home Safety »]

[Tax Rules for Social Security Benefits](#)

[from Tax Tips for Caregivers »]

[In Caregiving, Anxiety Can Be Contagious](#)

[from Emotional Wellbeing »]

[Tax Credits and Deductions Every Caregiver Should Know About](#)

[from Tax Tips for Caregivers »]

BONUS: [How to Make a Senior-Friendly Shamrock Shake](#)

[from Nutrition & Exercise »]

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COMMUNITY QUESTIONS AND ANSWERS »

Q: [Mom-in-law is very high maintenance. What to do?](#)

[[Read caregiver answers](#) »]

Q: [My Mom is paranoid and believes she has people out to get her. Any advice?](#)

[[Read caregiver answers](#) »]

Q: [My parent does not want to use cane. Any advice?](#)

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Q: [How can I encourage my Mom with Alzheimer's to brush her teeth?](#)

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