

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
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**Subject:** 20 warning signs your parent needs help at home; How to minimize caregiver burden

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### [Is a Geriatric Care Manager Right for Your Family?](#)

A GCM is a highly skilled elder care expert who specializes in helping seniors and their family members coordinate care and find financial and supportive resources. [Read More »](#)

#### [20 Warning Signs Your Parent Needs Help at Home](#)

Maybe you've noticed that dad's unopened mail is piling up. Or mom, once meticulous about her appearance, is not doing her hair. Red flags like these should prompt the conversation about increased assistance and long-term care options. [Read More »](#)

#### [How to Identify and Minimize Caregiver Burden](#)

Caregivers often try to shrug off their worries, but this could be a serious mistake. Be honest with yourself and take a self-assessment to see how high your stress levels truly are. [Read More »](#)

#### [There Is No Pain with Dementia](#)

Unlike diseases like COPD and cancer, dementia causes patients a different kind of pain. This blogger share his experience to educate caregivers on the unique type of hurt that Alzheimer's and dementia patients experience. [Read More »](#)

### Considering Hospice Care?

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

[Get your Guide →](#)

### Questions and Discussions From Caregivers

**Q:** Does it make sense for me to buy a car and put it in my father's name to make him eligible for Medicaid?

I was told by an attorney that this would immediately qualify Dad for Medicaid and that later on I can put the car in my name without penalty.

**Q:** How do I deal with a sibling who gave me nothing but grief?

They apologized but are moving too fast when it comes to planning visits and arranging a family dinner.

**Q: What to do when Mother won't take no as an answer?**

She thinks if she doesn't use the bathroom each day, then she needs a laxative. I tell her no. She follows me around the house, pleading first, then yelling at me.

**Q: My mother has some form of dementia, where do we start?**

Over the last few years we've noticed she's been progressively getting forgetful but things have really progressed.

## You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[See all products →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### [Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

### [Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

### [Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

### [Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

### [What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

### [Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

### [Find, Hire and Manage Home Care](#)

Get connected and speak with home care agencies. They will work with you to create a care plan and find the right caregiver for your loved one.

### [Get Your Complimentary Caregiving Guides Now](#)

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