

October 1, 2015

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The Honorable Governor Nikki Haley

Office of the Governor

1205 Pendleton Street

Columbia, SC 29201

Re: Pledge to Vote Against the Distribution of Coca Cola to Consumers

Dear Governor Nikki Haley,

Over the past few years, people have studied what was inside the popular soft drink Coke. This drink is good to have at sports games, family gatherings, and just a drink to have in the refrigerator after a long day of work. Coke however contains ingredients including tons of sugar, and acids that are harmful to the human body. Coke has many acids that make us very unhealthy, and it damages our organs, but we don't realize it because of all the sugar covering up the feel and the taste of the acid. As a fellow republican, I believe we should propose a law to stop the distribution of Coke to people, and put this drink to good use.

Just one hour after drinking this soda your body will start to go into a sugar crash. The first 10 minutes after drinking it, your body intakes 10 teaspoons of sugar, and this is 100% of your recommended daily intake. Usually after this much sugar enters your system at once, you would vomit, but you don't because of the phosphoric acid inside the drink. After 20 minutes of drinking Coke your liver responds by bursting into a rush of insulin and turning a lot of that sugar into fat. Also your blood sugar spikes unbelievably high, and puts people at risk of diabetes. 40 minutes after ingesting this drink the caffeine absorption is complete; your pupils dilate, blood pressure rises, and your liver dumps more sugar into your blood stream. 45 minutes after you have ingested this drink, your body over produces dopamine which stimulates the pleasure part of your brain, which is a similar reaction to the intake of heroin. Finally, 60 minutes after Coke has been in your system, your body will go into a sugar crash.

There are also some good advantages to the usage of Coke, but none suggest the intake of it. Coke can be used to clean toilets, it can remove rust from chrome car bumpers, and it can also clean the corrosion off of car batteries. If Coke can do this to other things not in our body, then imagine what our bodies go through every time we drink it. I strongly recommend that we stop the distribution of Coke to people, and use it to do better things.

Sincerely,


Angel Schradermeier