

Account: South Carolina State Parks

Content type: Facebook Page - Timeline posts

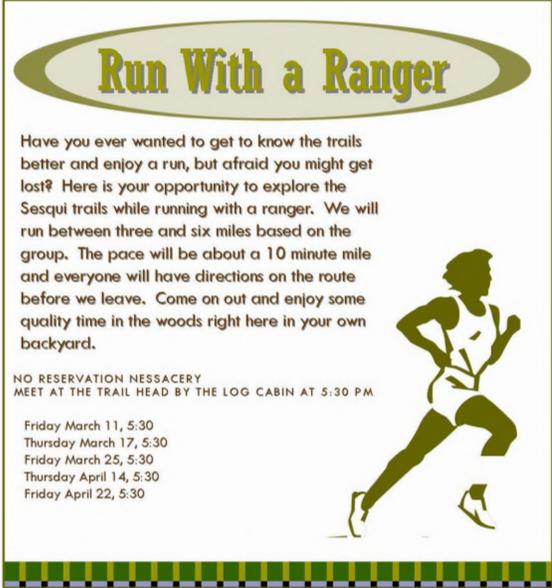
Record ID: 20110316South-Carolina-State-ParksTimeline-posts52748_10150126605173166



South Carolina State Parks

at 17:43:38 on 3/16/2011 UTC ·

Run with a Ranger! It was so much fun, we're doing it again on Thursday, March 17. Meet at Sesqui at the trail head by the log cabin at 5:30pm. Bring a water bottle -- and WEAR GREEN! Afterall, rangers always wear green and it is St. Patrick's Day!



Run With a Ranger

Have you ever wanted to get to know the trails better and enjoy a run, but afraid you might get lost? Here is your opportunity to explore the Sesqui trails while running with a ranger. We will run between three and six miles based on the group. The pace will be about a 10 minute mile and everyone will have directions on the route before we leave. Come on out and enjoy some quality time in the woods right here in your own backyard.

NO RESERVATION NECESSARY
MEET AT THE TRAIL HEAD BY THE LOG CABIN AT 5:30 PM

Friday March 11, 5:30
Thursday March 17, 5:30
Friday March 25, 5:30
Thursday April 14, 5:30
Friday April 22, 5:30



Bring a water bottle and a sense of adventure. Park admission is \$2 per person.

Sesquiennial State Park
9964 Two Notch Road
Columbia, SC 29229

Phone: 803.788.2706
Fax: 803.788.4414
E-mail: sesquientennialsp@scspr.com