

From: AgingCare Newsletter <newsletter@agingcare.com>

To: Kester, Tonykester@aging.sc.gov

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Subject: How caregivers can get involved in an election; How to afford expensive medications

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### [Stepping Stones to a Positive In-Home Care Experience](#)

Open communication and shared goals are the keys to a successful relationship between family members, a care recipient and a professional caregiver. Use these simple steps to achieve the ideal in-home care situation for your family. [Read More »](#)

#### [How Caregivers Can Get Involved In an Election](#)

Volunteering during election season is a great way to meet new people and get out of "caregiver mode." No matter where you stand on the issues, there are a variety of ways you can encourage participation in the democratic process. [Read More »](#)

#### [How to Afford Expensive Medications on a Budget](#)

Most individuals over 65 take multiple prescriptions every day, which can pack a serious financial punch. A veteran caregiver shares her strategies for finding and buying competitively priced medicines. [Read More »](#)

#### [Daylight Saving Time Can Trigger Sundowning Behaviors](#)

With shorter days, cold weather and less sunlight, the onset of winter is no picnic even for the healthiest individuals. For those living with dementia, seasonal changes can bring added emotional, behavioral and cognitive difficulties. [Read More »](#)

### Considering Hospice Care?

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

[Get your Guide →](#)

### Questions and Discussions From Caregivers

**Q: Should we continue to pay off mom's credit card debt?**

We were paying the debt but mom recently passed. Should we continue to pay out of pocket, or wait until the estate funds are released and the executorship is established?

**Q: Does durable POA allow me to move Mom from assisted living?**

I know my mom will be better cared for in my home and won't be alone as much. But one of the administrators called the state in because they don't want me to move her.

**Q: Is it too late for me to draw up a caregiver agreement?**

I've been taking care of my sister since February 2016 with no written agreement. I have POA and she is paying me \$2,500 a month for my duties.

**Q: Why is my mother constantly calling me because she is worried?**

Mom has home care 24/7 but doesn't feel comfortable with her aides, even though they are educated and trained and know what they are doing. Is this normal?

## The "Get Help if You Fall" Medical Alert System

Finally, peace of mind with Medical Guardian. Don't wait for an emergency, call today (800) 951-7993. Operators available 24/7.

[Learn more →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### [Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

### [Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

### [Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

### [Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

### [What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

### [Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

### [Get Your Free Home Care Guide Now](#)

This resource will guide you through creating the ideal in-home care arrangement for your loved one.

Get Your Complimentary Caregiving Guides Now  
Become an empowered and educated caregiver.

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