

From: Caregiver Newsletter <newsletters=caregiver.com@mail85.suw15.mcsv.net>
To: Kester, Tonykester@aging.sc.gov
Date: 10/6/2016 9:07:56 AM
Subject: What To Do After a Disaster

[View this email in your browser](#)

[Forward](#)

[Share](#)

[Tweet](#)

[+1](#)

[Share](#)

What To Do After a Disaster • October 6, 2016 • Issue #956

EDITOR'S PEN

Gary Barg, Editor-in-Chief

The Conversation Starter

At each Fearless Caregiver Conference I can be certain that a particular question will always be asked. It will be something about “taking the keys away” from a loved one. I make sure that it is saved for the last half hour of the session or else we won’t be able to discuss anything else. [...more](#)

IN THIS ISSUE

The Conversation Starter

The Fine Line of Food

Life With Dottie

**Returning Home after a
Disaster: Be Healthy and
Safe**

CareVerses

FEATURED ARTICLE

The Fine Line of Food

By Jennifer Bradley, Staff Writer

An etiquette every person is taught is to never ask a woman her weight. For a woman diagnosed with breast cancer, that is something she is asked often, and a fact she is expected to track religiously. It's a fine line to walk—the need to maintain a healthy weight while combatting the lack of appetite many cancer patients experience. [...more](#)

GUEST ARTICLE

Life With Dottie

By Suzanne Ponciroli

I always thought helper dogs were for blind or hearing impaired people. As I began to learn more about these dogs, I realized they also offered a variety of assistance to people with physical limitations.

Service dogs can be trained to retrieve objects that are out of reach; pull manual wheelchairs; open doors and turn on lights; retrieve help; assist with dressing or undressing; and assist in many other ways. Some service dogs are specially trained seizure response dogs and there are dogs trained to offer a person counter balance when ambulating. [...more](#)

Returning Home after a Disaster: Be Healthy and Safe

Returning Home after a Disaster: Be Healthy and Safe

- Do not enter a building if you smell gas. Call 9-1-1. Do not light a match or turn on lights.
 - Wear waterproof boots and gloves to avoid floodwater touching your skin.
 - Wash your hands often with soap and clean water, or use a hand-cleaning gel with alcohol in it.
 - Avoid tetanus and other infections by getting medical attention for a dirty cut or deep puncture wound. [...more](#)
-

Today's Caregiver Supports Your Conference

Non-profit Organizations **Sign-up** Today!

Don't miss this opportunity. We will provide complimentary magazines for your conference attendees. All you pay is shipping and handling.

CAREVERSES

What She'd Like to Say to her Daughter

By Diana Spore

You have graciously done so much for me.
Simply saying "Thank You" is insufficient--
Know that I love you, put my trust in you,
Rely on you to an unexpected degree, and
Hope that you will not begin to resent me
For needing so much from you now.

When I look in your beautiful eyes,
I remember the little girl you once were.
And see the strong woman you are.
I feel stronger walking by your side.
And I know deep in my heart,
That you only want the best for me.

If the day ever comes that you become
Fatigued and stressed taking care of me,
Know that I only want the best for you.
For you to remain healthy and happy.
To still be able to look me in the eye
And tell me what you need from me.

[Enjoy more caregiver poems](#)
[or share one of your own](#)

Copyright © 2016 Today's Caregiver, All rights reserved.

You are receiving this email because you are a subscriber to the Today's Caregiver Newsletter List or a friend
thought you would be interested.

Our mailing address is:

Today's Caregiver 3920 Riverland Road Fort Lauderdale, FL 33312 USA

[update subscription preferences](#)

[unsubscribe from this list](#)