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The Male Perspective: Caregiver Burnout • June 16, 2015 • Issue #821

EDITOR'S PEN

Gary Barg, Editor-in-Chief

Elizabeth Dole **Advocating For Veteran Caregivers**

Elizabeth Dole served as Secretary of Transportation under Ronald Reagan and Secretary of Labor under George H.W. Bush before becoming head of the American Red Cross. She then served as North Carolina's first female Senator from 2003 to 2009. She is a former chair of the National Republican Senatorial Committee and is married to former U.S. Senate Majority Leader, 1976 Republican Vice-presidential nominee and 1996 Republican Presidential nominee Bob Dole.

Gary Barg: Can you tell me about the work of the Elizabeth Dole Foundation?
How did it get started? [...more](#)

IN THIS ISSUE

An Interview with Elizabeth Dole

Options in PERS

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Caregiver Burnout**

**7 Essential Do's and Don'ts
for People Caring for
Caregivers**

FEATURED ARTICLE

Options in PERS

By Emily Curtis, Staff Writer

Since the 1990s, there have been a plethora of options on the market for personal emergency response systems (PERS). Since there are so many choices, the consumer can feel overwhelmed and make poor decisions without realizing it. [...more](#)

GUEST ARTICLE

The Male Perspective: Caregiver Burnout

By Judd Lewis Parsons

Your wife has just been diagnosed with breast cancer. Welcome to one of the hardest experiences you and your wife will ever go through. Nothing can truly prepare you for this. But, if you and your wife face this with the right attitude, it can become (as incredible as this may sound) one of the most rewarding experiences you will ever share. [...more](#)

CARETIPS

7 Essential Do's and Don'ts for People Caring for Caregivers

By Lisa Lopez

One year ago, my father was diagnosed with Wernicke–Korsakoff syndrome, a form of dementia resulting from chronic alcohol abuse. My dad, who worked hard his entire life, raised a family and built a strong reputation in his community, spent the last 10 years of his life succumbing to this terrible disease that befalls so many. After the official dementia diagnosis, I was appointed his guardian and my family and I made the excruciating decision to place him in an assisted living facility. This past year, I've experienced everything from anger to guilt, from optimism to despair. [...more](#)

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CARENOTES

From Angie:

I would like to start a support group in my area but don't know how to start. Can you give me suggestions? ...**more**

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