

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: 7 tips on researching nursing homes; Mistakes to avoid when filing for Social Security

Answers And Emotional Support While Caring For An Elder

NEWS AND ARTICLES »

[The Biggest Mistake People Make When Filing for Social Security](#)

60% of Americans rely on social security for most of their income but did you know most of them begin collecting their checks too early? Learn how to maximize the most out of your benefits and save money in the long run. [More »](#)

[Sandwich Generation Caregivers: Pulled in Too Many Directions](#)

Doctor's visits, picking up medicine, managing hygiene the list goes on and on. Many caregivers find it difficult to balance their own personal life and their loved one's care. Take these small steps to adjust your routine. [More »](#)

[7 Tips on Researching Nursing Homes](#)

No one is ever truly prepared to put a loved one in a home. Did you ever think to do a parking lot test? This is one of the many tips that can help you through this process. Don't wait until it's too late: take the time to make an informed decision. [More »](#)

[Need Help Paying for Care?](#)

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. No fees or obligations to apply. [Click here to see if you qualify.](#)

COMMUNITY QUESTIONS AND ANSWERS »

[Q: Why are they making me feel badly?](#)

Every single companion and now HHAid, even the manager of them has told me that a nursing home is a bad idea because...

[Q: As a full time caregiver with POA, can I get paid?](#)

I am 24/7 bathing, meals, diaper changes, meds, errands, bill pays, I do it all. I have taken care of dad 24/7 since 7/013. I am now POA with...

[Q: Being shadowed while trying to cook dinner. Very aggravated. Any advice?](#)

Dad sees me start to cook, comes in to the small kitchen, notices a task he can do, and gets in my way. My deterrents don't work. I need him out...

[Q: Dating while caring for elderly parent, is it possible?](#)

I feel my life is over. Single at 62 and caring for Mom.

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Get complimentary information on housing services and costs.

Call right away to speak with a senior living advisor (888) 848-5698.

[Start your search today.](#)

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How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

How to Choose the Right Senior Living Option

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation. [Start the conversation today >](#)

The "Get Help if you Fall" Medical Alert System

Don't wait until an emergency happens to think about protecting your loved one. Make the decision that provides confidence, security and safety. [Request a brochure >](#)

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