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Subject: [BLOG] The White House Conference on Aging in Phoenix and Seattle

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The White House Conference on Aging in Phoenix and Seattle

Nora Super, Executive Director, White House Conference on Aging

Last week, we traveled to Phoenix, Arizona and Seattle, Washington, for the White House Conference on Aging (WHCOA) regional forums. At both events, we heard directly from older Americans, their families, caregivers, advocates, community leaders, and experts on how to best address the current aging landscape.

Our Phoenix participants were welcomed by U.S. Congressman Ruben Gallego (AZ-7) and AARP President Jeannine English, and the forum featured keynotes by Dr. Richard Hodes, Director of the National Institute on Aging (NIA) at the National Institutes of Health, and Wendy Spencer, CEO of the Corporation for National and Community Service. Dr. Hodes' comments highlighted the exciting research underway at NIH, including studies on Alzheimer's disease and caregiver support, as well as NIA's [Go4Life](#) campaign, which is an exercise and physical activity campaign for older adults. Wendy Spencer discussed the importance of older adult volunteerism, citing examples and telling moving stories of how Senior Corps volunteers are transforming communities and the lives of individuals of all ages. [\[More\]](#)

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