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**To:** Kester, Tonykester@aging.sc.gov  
**Date:** 5/4/2015 12:02:09 PM  
**Subject:** De-escalating Potentially Violent Situations™ training

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**Access the following training right from your desk:**

**Self-Injury Behavior in Youth – Strategies for Helping**

May 21 from 1pm - 2pm (CST)

Helping professionals are increasingly encountering young people who are engaging in self-injurious behavior. This webinar will focus on practical strategies for working with youth struggling with this complex issue. Topics covered include assessment, emotion regulation, replacement skills training and contagion prevention. Participants will gain insight regarding self-injury behavior in youth along with tools for effective intervention.

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**Anxiety – Practical Intervention Strategies**

May 5 from 1pm - 2pm (CST)

While every person experiences anxiety, it is estimated that over a quarter of the population will experience anxiety at levels that cause distress in their lives. When high levels of distress is experienced, it is important for people to be able to access strategies to reduce anxiety. This webinar presents practical and accessible strategies to assist both adults and children in reducing anxiety.

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**De-escalating Potentially Violent Situations™**

June 5 from 1pm - 2pm (CST)

For those who work in an environment where there is potential for violence, it is important to develop the skills needed to defuse dangerous situations. This webinar will focus on how to de-escalate potentially violent situations through assertiveness and interpersonal communication. Participants will gain a clear understanding of how to assess the potential for violence and respond with a diverse set of interpersonal tools and strategies designed to defuse potentially violent situations.

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**More upcoming live webinars:**

**Critical Incident Group Debriefing**

June 17 from 1pm - 2pm (CST)

**Suicide Awareness and Intervention**

July 15 from 1pm - 2pm (CST)

**Addictions and Mental Illness – Understanding the Relationship**

July 29 from 1pm - 2pm (CST)

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Regards,

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