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Subject: [BLOG]: Healthy aging? FTA's working on that (Department of Transportation)

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Healthy aging? FTA's working on that

By Therese McMillan, Acting Administrator, Federal Transportation Administration, Department of Transportation

About 3.6 million Americans miss or delay medical appointments every year because they lack a ride to the doctor. Given that America's population is aging, and about half of us live with at least one chronic condition, getting regular health care is more important than ever.

Creating and supporting communities that are age-friendly allows older adults to age in place and supports their continued health and vitality. Soon, the White House Conference on Aging expects to issue a policy brief on Healthy Aging that explores these concerns as well as potential solutions.

And "Ride to Wellness," a program to make sure people can get a ride to the healthcare they need, is a great step toward addressing these needs.

That's why, today, I joined an excellent group of leaders in the fields of health care, transportation, veterans' affairs and agriculture as part of the [Ride to Wellness](#) summit. [[READ MORE](#)]

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