

From: AgingCare Newsletter <newsletter@agingcare.com>
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Date: 12/7/2016 9:03:20 AM
Subject: 6 things that cause the elderly to fall; Can you cancel a will

THE CAREGIVERS' NEWSLETTER

Connecting Caregivers to Answers and Support

News And Articles

6 Things That Cause the Elderly to Fall

Are you doing everything you can to ensure your loved one's safety at home? Use these solutions to keep them on their feet and extend their independence. [Read More »](#)

Anemia in Seniors: What to Look for and How to Treat It

Fatigue, weakness and irritability are considered "normal" symptoms of aging, but these red flags may actually point to a serious underlying condition. Be aware of these signs and others that warrant a trip to the doctor and some blood work. [Read More »](#)

Hydrotherapy with Mum

I could tell Mum was nervous, but with her new bathing suit and some gentle encouragement, her confidence grew. Surprisingly, a day at the pool left her feeling marvelous. [Read More »](#)

Can You Cancel a Will?

People and families change, but tearing it up and starting over is not the best option. Consult with an attorney to ensure your wishes are followed. [Read More »](#)

Home Instead Senior Care® CAREGiversSM Wanted

Laugh, learn and change the lives of the people you work with, and maybe even your own. Visit us today at 888.839.5724 or at HomeInstead.com/acj.

[Learn More →](#)

Questions and Discussions From Caregivers

Q: How do I deal with a demanding mom and her constant harping?

She is 90, lives alone, and refuses social outlets other than me. I feel like I don't have a life anymore; please help me.

Q: Will the timeshare company go after my heirs upon my death?

I purchased a timeshare 30 years ago and according to the contract, my heirs are expected to take over this debt.

Q: What can I do when my dad's wife refuses the 24/7 care that my dad needs?

Hospice says his health is declining fast, and I am not sure if I should pull him out of the house or let him go without this care.

Q: My grandma died and her will was changed, but I'm still on her checking account. How do I protect myself?

She left everything to my mom and brother (both drug addicts), and I'm so scared of them overdrawing the account.

Remarkable Remembrances

An unforgettable memorial service requires a plan. Make your service one to remember.

[Get your free guide →](#)

Products And Services From Our Partners

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[Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

[Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

[Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

[What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

[Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

[Get Your Free Home Care Guide Now](#)

This resource will guide you through creating the ideal in-home care arrangement for your loved one.

[Get Your Complimentary Caregiving Guides Now](#)

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