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**How to Spend Caregiver Dollars Wisely** • April 26, 2016 • Issue #911

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# Hot (Caregiving) in Cleveland

## An Interview with Wendie Malick

*What can we say about Hot in Cleveland? Well, to start with, it is a favorite city and T.V. show starring a bevy of iconic comedic actors, not to mention a Who's Who of stars and guest stars who have graced the cover of Today's Caregiver magazine: Betty White, Ed Asner, Valerie Harper, Peri Gilpin and now, of course, Wendie Malick.*

**Gary Barg:** Hoarding, long-distance caregiving, sibling rivalry, Carol Burnett and Betty White. This Hot in Cleveland episode, "Canoga Falls," really covered the bases for family caregivers. And, Wendie, it was really, really funny. How did the episode come about? ...[more](#)

## IN THIS ISSUE

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**Top 10 Ways for Caregivers to Spend Dollars Wisely**

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## FEATURED ARTICLE

# Putting Your Best Foot Forward

*By Mary Damiano*

Feet are one of the most important yet maligned parts of the body. They are our little chauffeurs, getting us where we want to go. They're twin fashion statements, getting squeezed into trendy shoes no matter how high the heel or how narrow the toe. And they are our little scapegoats, because even as we try to do something good for the rest of the body, like walk or run, our feet still bear the brunt of abuse. ...[more](#)

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## GUEST ARTICLE

# Recovery Room Kit

*By Hana Kim*

Three years ago, my mom underwent major surgery to remove a brain tumor. The day of her surgery felt like the longest day of my life. Because she didn't have any family members in the area, I was going to be her primary caregiver. She worried how I would be able to handle things by myself. It was an emotionally draining experience, but I had prepared myself for the long wait. ...[more](#)

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## CARETIPS

# Top 10 Ways for Caregivers to Spend Dollars Wisely

*By Kris Maxham, Staff Writer*

Many caregivers grapple with financial choices that can allow them to continue providing care, support their loved one's needs and keep them safe. Here are some actual ways that caregivers have wisely invested their dollars:

- An Adult Day Program to support the care receiver and allow the caregiver some respite or the ability to stay employed. ...[more](#)
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### CARENOTES

## From Dale:

My mother needs to be able to get my dad's attention when he's outside but she wants something she can wear around her neck. What is the best thing to use? ...[more](#)

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