

**From:** Today's Caregiver eNewsletter <newsletters=caregiver.com@mail2.suw11.mcdlv.net>  
**To:** Kester, Tonykester@aging.sc.gov  
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**Finding Money, Resources & Programs** • March 28, 2017 • Issue #1003

## **Today's Caregiver Friendly Award Previous Winners**

Easter Seals Dixon Center

Military Caregiver Webinar Series

Easter Seals

- With release of RAND study, wanted military caregivers to be able to take immediate action
- Collaborative approach with six partner organizations
- Fully accessible platform, live captioning, audio/written transcripts
- Recorded segments available 24/7
- Begin each webinar with military caregiver sharing their own story
- Laser focus on practical tools, valuable resources, actionable next steps.
- VA Caregiver Support Program representative available to address questions
- Spanish-language webinars to meet the needs of this underserved community. [...more](#)

[2017 Call for Entries](#) | [Visit the Winners Gallery](#)

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## IN THIS ISSUE

Featured Caregiver Friendly  
Award: Military Caregiver  
Webinar Series

**Finding Money, Resources  
& Programs That Can Help  
With Caregiving**

**In Sickness and in Health**

**How to Safely Dispose of  
Your Loved One's Unused  
Prescription Drugs**

**CareNotes**

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## FEATURED ARTICLE

### **Finding Money, Resources & Programs That Can Help With Caregiving**

*By Eileen Beal, M.A.*

Millions of daughters, daughters-in-law, spouses, sons, and significant others – most of them Boomers still recovering from the Great Recession – have begun the caregiver journey. And growing numbers of them are caught in a financial bind. They need to use a parent's money to provide care. [...more](#)

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## GUEST ARTICLE

### **In Sickness and in Health**

**A commitment made in harmony with unimaginable importance**

*By Marvin Wiebener*

The word caregiver has many meanings, with definitions that run the gamut of tasks on a broad continuum, from simple household chores to end-stage palliative care and everything in between. It's something many of us never give a second thought. Caregiving—we believe—is for children, the elderly and those who are ill, but not for us, those who are healthy. We have jobs to do, schools to attend, families to raise, and finally a retirement to enjoy. [...more](#)

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## CARETIPS

# How to Safely Dispose of Your Loved One's Unused Prescription Drugs

*By Douglas Throckmorton, M.D., Deputy Director for Regulatory Programs, Center for Drug Evaluation and Research, FDA*

Caregivers often help their loved ones manage their medicines, ensuring that any and all prescriptions are filled, and that the medications are taken correctly and on schedule. It can be a lot of work to juggle multiple prescriptions and remember their various schedules. Some of these medications may go unused or expire before being consumed, and the bottles may be pushed to the back of the medicine cabinet and forgotten until you need that space for something else. So what should be done with them? [...more](#)

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## CARENOTES

### From Robin:

I am a personal care assistant and am looking for a way to help one of our residents that live in an apartment. She has macular degeneration and is losing her sight, I need some ideas how to label her stove and microwave so that she is able to use it on her own. Any ideas would be greatly appreciated. [...more](#)

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