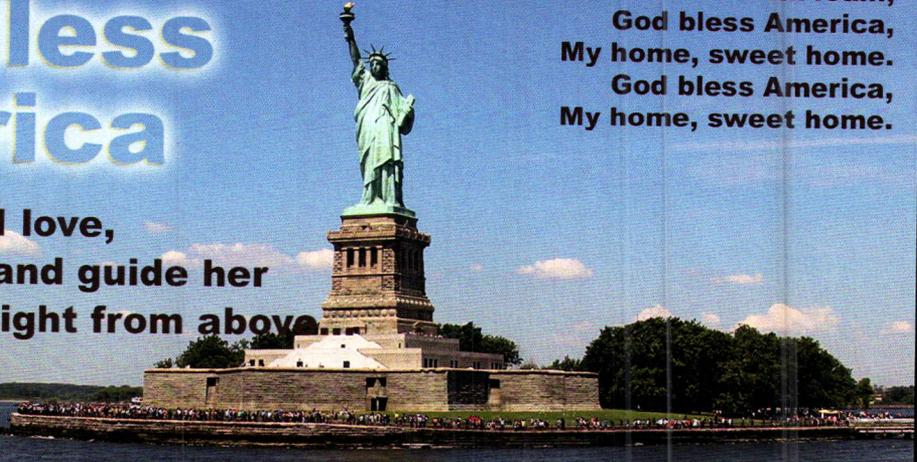


God Bless America

Land that I love,
Stand beside her and guide her
Thru the night with a light from above

From the mountains, to the prairies,
To the oceans white with foam,
God bless America,
My home, sweet home.
God bless America,
My home, sweet home.



Compassion

Love and compassion are necessities, not luxuries. Without them, humanity cannot survive.

---- Dalai Lama

If your compassion does not include yourself, it is incomplete.

---- Gautama Buddha

Confidence

As you confront your problems rather than avoid them, your faith is nurtured and stretched. Your confidence grows; your fears subside.

---- Dr. Charles Stanley

There can be no friendship without confidence, and no confidence without integrity.

---- Samuel Johnson

Courage

It is curious that physical courage should be so common in the world and moral courage so rare.

---- Mark Twain

It is not because things are difficult that we do not dare; it is because we do not dare that they are difficult.

---- Seneca

Creativity

You can't use up creativity. The more you use, the more you have.

---- Maya Angelou

Creativity can solve almost any problem. The creative act, the defeat of habit by originality, overcomes everything.

---- George Lois

Dependability

Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much.-Luke 16:10

God does not begin by asking us about our ability but only about our availability and if we then prove our dependability He will increase our capability.

---- Neal A. Maxwell

Determination

America was not built on fear. America was built on courage, on imagination and an unbeatable determination to do the job at hand.

---- Harry S. Truman

Efficiency

It is really not the number of things you do, but the efficiency of each separate action that counts.

---- Wallace D. Wattles

Productivity is never an accident. It is always the result of a commitment to excellence, intelligent planning and focused effort.

---- Paul Meyer

Encouragement

If one dream should fall and break into a thousand pieces, never be afraid to pick one of those pieces up and begin again.

---- Flavia Weedn

I can do all things through Christ who strengthens me.

---- Philippians 4:13

Enthusiasm

Always remember to take your Vitamins: Take your Vitamin A for ACTION, Vitamin B for Belief, Vitamin C for Confidence, Vitamin D for Discipline, Vitamin E for Enthusiasm!

---- Pablo

Faithfulness

Hold faithfulness and sincerity as first principles.

---- Confucius

Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship. --Buddha

Flexibility

Thus, flexibility, as displayed by water, is a sign of life. Rigidity, its opposite, is an indicator of death.

--- Anthony Lawlor

The measure of intelligence is the ability to change.

--- Albert Einstein

Forgiveness

The weak can never forgive. Forgiveness is the attribute of the strong.

---- Mahatma Gandhi

Forgiveness is like faith. You have to keep reviving it.

---- Mason Cooley

Generosity

There is no exercise better for the heart than reaching down and lifting people up.

---- John Holmes

Gratitude

As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them.

---- John F. Kennedy

We grow in character as we solve our problems



Humility

A great man is always willing to be little.

---- Ralph Waldo Emerson

True humility is not thinking less of yourself, it is thinking of yourself less.

---- C.S. Lewis

Initiative

Do not lie in a ditch, and say God help me; use the lawful tools He hath lent thee.

---- English Proverb

Everyone who's ever taken a shower has an idea. It's the person who gets out of the shower, dries off and does something about it who makes a difference.

---- Nolan Bushnell

Integrity

In looking for people to hire, you look for three qualities: integrity, intelligence, and energy. And if they don't have the first, the other two will kill you.

---- Warren Buffet

Always do right. This will gratify some people and astonish the rest.

---- Mark Twain

Kindness

Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.

---- Desmond Tutu

You cannot do a kindness too soon, for you never know how soon it will be too late.

---- Ralph Waldo Emerson

Love

Spread love everywhere you go. Let no one ever come to you without leaving happier.

---- Mother Teresa

Obedience

The ship that will not obey the helm will have to obey the rocks.

---- English Proverb

Obey God and leave all the consequences to Him.

---- Dr. Charles Stanley

Patience

Adopt the pace of nature: her secret is patience.

---- Ralph Waldo Emerson

One moment of patience may ward off great disaster. One moment of impatience may ruin a whole life.

---- Chinese Proverb

Peacefulness

Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

---- John 14:27

Love and peace of mind do protect us. They allow us to overcome the problems that life hands us. They teach us to survive...to live now...to have the courage to confront each day.

---- Bernie Siegel

Perseverance

Life is not easy for any of us. But what of that? We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something and that this thing must be attained.

---- Marie Curie

Reverence

Let parents bequeath to their children not riches, but the spirit of reverence.

---- Plato

Always and in everything let there be reverence.

---- Confucius

Self-control

Distinguish between real needs and artificial wants and control the latter.

---- Mahatma Gandhi

How to get rid of ego as dictator and turn it into messenger and servant and scout, to be in your service, is the trick.

---- Joseph Campbell

Self-discipline

Self-discipline is a form of freedom. Freedom from laziness and lethargy, freedom from the expectations and demands of others, freedom from weakness and fear - and doubt. Self-discipline allows a pitcher to feel his individuality, his inner strength, his talent. He is master of, rather than a slave to, his thoughts and emotions.

---- H.A. Dorfman

Rule your mind or it will rule you.

---- Horace

Wisdom

Wisdom grows in quiet places.

---- Austin O'Malley

Thank you to the authors and to the internet for sharing with us selected words of encouragement, guidance, and support. Creativity, photography, and design by Leni T. Lawatch.