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To: Kester, Tonykester@aging.sc.gov
Date: 3/23/2017 9:08:50 AM
Subject: Detecting Alzheimer's

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Detecting Alzheimer's • March 23, 2017 • Issue #1002

EDITOR'S PEN

Gary Barg, Editor-in-Chief

Clever Caregiver

Recently at a healthcare luncheon, the conversation at my table turned to (go figure) caregiving. I guess it was an obvious turn since everyone at the table was either a family or professional caregiver, or both. As we discussed the concept of Partnering with your Parents (as opposed to Parenting your Parents – a phrase that is a pet peeve for many of us at the table), we talked about the challenges of long distance caregiving. [...more](#)

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FEATURED ARTICLE

Detection of Alzheimer's

By Kristine Dwyer, Staff Writer

Dementia itself is not a disease, but rather a set of symptoms that accompany specific diseases. Dementia is a general term for the loss of memory, language and recognition that is severe enough to interfere with everyday life. Researchers believe dementia may be caused by a combination of genetic and environmental factors. Some diseases that cause dementia are irreversible and include Huntington's disease, Pick's disease, Parkinson's disease, Lewy body dementia, multi-infarct dementia and Alzheimer's disease (AD), the most common form of dementia, accounting for 60-70% of the diagnosed cases. ...
[more](#)

GUEST ARTICLE

Plan Now In Case You Cannot Speak for Yourself Later

By Richard Barid and Michael Smith

If you suffered a stroke today and lost the ability to speak, would your spouse, children or parents have the legal authority to take care of you medically or financially?

Stroke is a brain attack, cutting off vital blood flow and oxygen to the brain. Two million brain cells die every minute during stroke, according to the NSA, increasing the risk of permanent brain damage, disability or death. About 795,000 people in the United States will have a stroke this year, according to the NSA. ...
[more](#)

CARETIPS

Tips for long-distance caregiving

By Florence Matthews

There's little doubt that physical distance adds another layer of complexity to caregiving. When you are suddenly faced with a caregiving crisis and are unable to simply run down the street to handle it, taking care of a loved one can get a little bit harder. [...more](#)

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CAREVERSES

Caregiver Spirit

By Carrie Laks, MSW

It hits me hard
As I plow along
Like a robot
Feels like I go it alone

The days and nights
Blend into one another
A faint glimpse of joy
Eludes like wind blows a feather

Thanks for sharing the journey
The young and the old
Find refuge and safety
Confidences safe that are told

There is strength in numbers
A trust and a bond
A safe place
People with whom I feel one

I spot the rainbow
Small steps I make
With those at my side
The light glows

Capturing the light
... Impenetrable
Carrying the torch
I now remember

Starting as a mere glimpse
A promise unfolding
Now the flame is within me

Beauty to share radiantly shines
... The spirit of humankind

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or share one of your own

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