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To: Kester, Tonykester@aging.sc.gov
Date: 4/20/2015 12:02:19 PM
Subject: Self-Injury Behavior in Youth Live Video Training

Access the following training right from your desk:

Self-Injury Behavior in Youth – Strategies for Helping

May 21 from 1pm - 2pm (CST)

Helping professionals are increasingly encountering young people who are engaging in self-injurious behavior. This webinar will focus on practical strategies for working with youth struggling with this complex issue. Topics covered include assessment, emotion regulation, replacement skills training and contagion prevention. Participants will gain insight regarding self-injury behavior in youth along with tools for effective intervention.

Need this webinar sooner? [Click Here](#) to purchase our pre-recorded webinar on the topic.

Anxiety – Practical Intervention Strategies

May 5 from 1pm - 2pm (CST)

While every person experiences anxiety, it is estimated that over a quarter of the population will experience anxiety at levels that cause distress in their lives. When high levels of distress is experienced, it is important for people to be able to access strategies to reduce anxiety. This webinar presents practical and accessible strategies to assist both adults and children in reducing anxiety.

Need this webinar sooner? [Click Here](#) to purchase our pre-recorded webinar on the topic.

Violence Threat Assessment – Planning and Response

April 24 from 1pm - 2pm (CST)

Knowing how to respond to a threat is a tremendous challenge. After a violent incident, it is not uncommon to find that many different people were aware of clues that an attack was being planned. Yet, without the proper mechanism to gather information and assess the situation, prevention is nearly impossible. This webinar provides a communication and decision-making model to help businesses, schools, organizations and communities become proactive in their management of threats. Strategies to help you identify, assess, and manage individuals who make threats will be explored.

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More upcoming live webinars

De-escalating Potentially Violent Situations™

June 5 from 1pm - 2pm (CST)

Critical Incident Group Debriefing

June 17 from 1pm - 2pm (CST)

Suicide Awareness and Intervention

July 15 from 1pm - 2pm (CST)

Addictions and Mental Illness – Understanding the Relationship

July 29 from 1pm - 2pm (CST)

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Regards,

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